

CHELSEFIELD VILLAGE VOICE

March 2018

Supported by



Chelsfield
Park
Hospital

The Newsletter and "What's On" Guide for
Residents & Friends of Chelsfield Village

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Sunday 11th March 2018

Don't Forget we have three
Local Pubs all serving excellent
meals for the occasion.....

Book now to reserve your table!

Happy Mother's Day

The Bo-Peep 01957 534457

The Chelsfield 01689 880288

The Five Bells

01689 821044

CALL NOW!!!

Tell Us Your Stories Publicise Your Events Share Your Memories

You tell us what's going
on or planned, and we will
tell the residents and
friends of Chelsfield

Please send anything you
feel suitable for the

April 2018 issue to:

chelsfieldvillagevoice@gmail.com

or post to:

Chelsfield Village Voice
2 Bucks Cross Cottages
Chelsfield Village

BR6 7RN

to arrive by

Wed 28th March 2018

Barnett Wood & The Wood Anemone

Before proceeding with the subject of this month's piece I'd just like to mention a large sessile oak in Barnett wood, Timberden Bottom.

My second ever piece for the village newsletter (November 2011 – the first ever colour version) was about oaks in general and so thought that another piece on the subject was not called for. However, I thought the demise of such a grand tree warranted a mention.

I was driving to Shoreham in mid-January when I noticed that possibly the largest Durmast, or sessile oak in the area had been felled. Why, I cannot imagine as it looked in fine health when I had passed it a few weeks earlier. At that point I realised that the hedge on the other side of the lane had been replaced with a wire fence (see the photo of the lane below).

A week later I decided to take a walk down there, a location close to where I had seen and reported the presence of the



invasive plant Indian Balsam to Sevenoaks council last autumn. I wanted to see if there was any evidence of disease and to count the



rings to get an idea of the age of this tree that really looked like a monster (~ 1.5 m diameter) of a tree to me. So, after a quick look in what was now a very muddy area I saw that here was no sign of disease and a rough



count of the rings suggested an age of about 230 years giving the tree a birthday around 1790. A time when George Washington was delivering the first 'State of the Union' address and the French revolution was in full swing. However, what really surprised me was the effort that had been used to remove the tree from the raised bank alongside the lane. This tree with a huge root system had been torn out of the bank and dragged into the wooded area around it. I contacted Sevenoaks council to try to find out the reason why this tree had to be felled and was told that the tree had fallen into the road causing a blockage to traffic.

The scene then made sense. Clearly the tree had fallen, taking out the opposite hedge and the whole lot had been dragged back into the woods and the bank re-landscaped. It's just a shame such a fine example should have been unfortunate enough to grow on a steep bank where its roots had been undermined by weathering.

So, onto the Wood Anemone (*Anemone nemorosa*), which by coincidence I photographed a few hundred yards from the location where the oak had been felled. This is a small white plant that blooms across the woodland floor from March to May like an explosion of stars. It usually has six petals although these are not true petals but sepals which are, in most flowers, protective sheaves around the flower bud. This is a common feature amongst anemones. Although invariably white, a blue streaked variety can be found in Norfolk but a once common sky blue variety is now thought to be extinct.

This plant spreads via its root system rather than by dispersal of seeds yet amazingly these roots only spread at a rate of around 6 foot per century so colonies of anemones are vulnerable to disturbance over long periods of time making this species a good indicator of ancient woodland. Consequently Barnett's wood, where both the anemone and the big oaks previously mentioned can be found,

are of ancient origin. This plant is the flower of Middlesex and it is thought that as London spread, areas of woodland in that county were left undeveloped and these flowers can still be found in those locations.

The name of the wood anemone, or 'windflower', is derived from the Greek word for wind, which is 'anemos' and ancient Greek myths suggest that the 'Anemoi' or wind gods announced the arrival of spring by the blossoming of the wood anemone.

Due to its faint odour an old country name is 'smell foxes'. Other names include Grandma's nightcap and the cuckoo flower although the children's

misheard 'wooden enemy' is probably best to be avoided!

In terms of folk-lore the plant has a mixed history. The Egyptians held the anemone as an emblem of sickness while the Chinese call it the 'flower of death.' In some European countries it is looked on by the peasants as a flower of ill-omen, though the reason of the superstition is obscure. The Romans plucked the first anemones as a charm against fever, and in some remote districts this practice long survived, it being considered a certain cure to gather an anemone saying, 'I gather this against all diseases,' and to tie it round the poorly person's neck. All



rather strange for a flower that is rather pretty. Maybe the fox-like smell is the source of these malevolent associations or like all members of the buttercup family, it is poisonous and can cause skin irritations and those that attempt to pick it may associate it with misfortune.

This plant is very weather sensitive and in sunshine, the flower opens wide,

but at the approach of night, it closes and drops its head so that the dew does not settle on it. If rain threatens in the daytime, it does the same, receiving the drops upon its back, from where they trickle off harmlessly from the sepal tips. While researching this piece I came upon a 20 year old quote from an unknown local lady.

“I was born in the 1920s

in Farnborough village, Kent. As children we played in the meadows which were covered in wildflowers ... the wood anemone we called cuckoo flower, because it flowered when the cuckoo arrived in the wood. Sadly we hear the cuckoo no more” [Orpington, Kent, February 1998].

*Steve Fuller
March 2018*

Mutterings From The Millers

As I write these notes at the end of February, the sun is shining but it is cold. The weather for the start of March looks decidedly grim with snow forecast and cold temperatures. When the wind is in the north, we really feel it in this north-facing house but hopefully as the winds are promised from the east, it shouldn't be too bad. (She says with no confidence).

The sowing time is fast approaching and as you can see from the picture, the spring barley seed has arrived in 500-kilo sacks. We haven't



heard from the EU but will go ahead with spring barley and spring rape. You may have noticed that the field visible from Warren Road near the station is turning yellow.

The reason for this is that Steve desiccated the cover crop a few weeks ago ready for the spring barley to be planted. As this cover crop breaks down, it will feed the new spring barley, as none of the nitrogen and base fertilisers are lost because they are trapped in the decaying matter. All being well, we will start drilling towards the end of the month.

The new weights for the guttler wheels have arrived. The weights are the black discs inside the yellowish fluted discs. We found last year that the drill slots were not being



Today we started again, with the same result, which is most trying. In fact, with other things so bad it fairly gets on one's nerves. To give you some idea of the snow, on Saturday morning going to Orpington Station in the big car we were getting along very well until we ran into a drift over 3ft deep which came right over the bonnet and we had great difficulty in digging her out, eventually getting to the station alright, but one of the keys on the driving shaft slipped so Woods could not get her home, but I don't think it will be a serious matter to put it right."

George was struggling with the bad weather, lack of labour, poor prices and one of the horse had lockjaw!

Think I will finish with the March weather lore and keep our fingers crossed.

If March comes in like a lion, it will go out like a lamb

*Chris Miller
Court Lodge Farm*

closed properly on our new drill, so occasionally seed was left uncovered. The new weights will give more pressure on the guttler wheels to make sure that the seed is covered. Apparently it was a piece of cake for Pete to fit them. (Thank goodness).

As over the past few months, general maintenance, tiding up, hay and straw deliveries continue, but I am pleased to report that Pete has stopped doing electrical work for the time being. He is

pleased too.

Some more notes from Georges' letters to his son in March 1916 "We have 700 - 800 sheep on the place now clearing the rough greenstuff up" The sheep were brought in for a limited time to clear all the stalks, leaves etc from the left over cabbages. "On Wednesday last we started threshing at Fairtrough, but no sooner than we got well started than it commenced snowing heavily so of course had to stop.

Fraud on PayPal

If you get a funny email from somebody purporting to be from PayPal please send it to:

spoofof@paypal.co.uk

Do not provide your password.

John B Leach

Safer Neighbourhood Watch

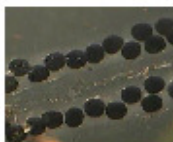
TOADS ARE IN TROUBLE!

Toad populations in SE England have fallen by more than 50% since 1985. Toads live most of their lives on land in scrubby areas, hibernating in log piles, deep leaf litter and burrows. In February they emerge and return to their ponds to breed. Please let us know if you see one! We are particularly interested in finding ponds where they breed so please look out for **ribbons** of eggs around pond plants or male and females together in February-March.

Note golden eye with pupil a horizontal slit. (Frogs eyes are more circular with rounded pupil).



Dry, warty skin generally with no coloured patterns. Frogs have smooth skin.



Toadspawn

Legs adapted for crawling, unlike frogs whose longer back legs are good for hopping & jumping.

E-mail the date, place (postcode or grid reference), number seen and if possible a photo to Bromley Biodiversity Partnership at bromleybiodiversity@gmail.com

Your information will enable habitat improvements to be put in place to try & increase toad numbers.

How You Can Help Toads: have a wild area in your garden with some scrub, a log pile and maybe a pond with at least one sloping side. For more information & to see how frogs look different from toads, see <https://www.arc-trust.org>

Bromley Biodiversity Partnership is a partnership of local groups, organisations and individuals with specific expertise committed to protecting, enhancing and celebrating biodiversity within the London Borough of Bromley.

Chelsfield's Casualties of The First World War

This month there are two servicemen from the memorial in the church to write about. Both were in the Queen's Own Royal West Kent Regiment and died within days of each other one hundred years ago in France.

WILLIAM MARTIN

203792 Private William George Martin of the 8th Battalion, the Queens Own Royal West Kent Regiment was killed in action, aged 38, on 22nd March 1918. He has no known grave and is remembered on the Pozieres Memorial in France. The 8th Battalion was involved in a heavy German attack starting on 21st March, and subjected to a tremendous bombardment. They are reported as having put up a very resilient front but they were handicapped by the losses they had already sustained and ten days at the front with no respite, and were fighting in very misty weather conditions. It's therefore not surprising that many men were lost and their bodies not found. William was the son of

Caroline and the late Alfred Martin, of Downe, Kent; and the husband of Matilda Mary Martin.

William was born in Downe, and in 1891 he is living with his parents and two sisters in Mabel Cottages in the village. His father Alfred is a boot maker. In 1911, William and his wife are running a Newsagent & Tobacconist store in High Street, Green Street Green and he is also listed as being a house decorator.



WILLIAM MORRIS

200356 Private William James Stanley Morris of the 4th Battalion, the Queen's Own Royal West Kent Regiment who was killed in action, aged 21, on 25th March 1918. He is buried in the Roze New

British Cemetery, France, and the Commonwealth War Graves Commission site records that the inscription on his gravestone is 'Until memory fades and life departs you'll live forever in our hearts, Mum, Dad and Sisters'. Roze New British Cemetery was made after the Armistice when graves were brought in from the battlefields and from other burial grounds. The records show that William was one of these, rescued from one of the battlefields.

William was the son of William James & Ada Jane Morris of 2 Elm Road, Green Street Green, and in 1911 he is living there with them and his siblings. He is the eldest child, the only son and has four younger sisters, which gives us the picture behind the gravestone inscription. William's father was a drayman for Fox's Brewery at Green Street Green, and his mother Ada's maiden name was Blundell, a well-known local family.

Philippa Rooke
pjrooke@hotmail.com

Chelsfield Evening W.I. Christmas

In December the ladies of the Chelsfield Evening WI celebrated Christmas with a lovely meal at The Chelsfield pub.

The food was fabulous, and the service exceptional. We would like to thank The Chelsfield for hosting us again this year.



Garden Tractor for Sale

Looking for a garden tractor, trailer and extras?

Second hand Mountfield 3000SH for sale in the village.

Further details at : <http://lesterbarnes.com/tractor>

or phone Lester on 07767 771157



Local History Group

The Long March – 1945 (part 1)

Peter Gandolfi gave this month's talk on the series of forced marches during the final stages of the Second World War in Europe. From a total of 257,000 western Allied prisoners of war held in German military prison camps, over 80,000 were forced to march across

Poland, Czechoslovakia and Germany in extreme winter conditions between January and April 1945.

Peter apologised for leaving the word local out of the talk, but it was timely in that it happened at this time of year 73 years ago.

He said that he grew up in Peckham in the 1950s

and a neighbour and friend of his father, Stan Martin, had been a POW and involved in a forced march at the end of the war. Stan had left Peter's father his hand written notes, and it was these notes that formed the basis of this talk.

Stan was taken Prisoner in North Africa and ended up in a POW camp or "Stalag" in Upper Silesia,

Poland. This part of Poland had originally been German and, with the invasion of Poland, Nazi Germany conquered the mostly Polish parts of Upper Silesia. Around 50,000 Poles were forcibly removed from the area and replaced with German settlers in their hundreds of thousands. The area contained a lot of important industry which needed labour, and in 1940 the Germans started to construct Auschwitz and other concentration camps. Silesia hosted many prisoner-of-war camps, most famously Stalag Luft III whose prisoner escapes were immortalised in films such as *The Great Escape*. In July 1944 Adolf Hitler issued instructions to prepare for the evacuation of 'foreign labor' (slave labor) and the hundreds of thousands of German civilian refugees away from the advancing Soviet Army in the east, including the moving of prisoners of war.

January and February 1945 were among the coldest winter months of the 20th century in Europe, with blizzards

and temperatures as low as -25°C , and in the middle of March temperatures were still well below freezing. Most of the POWs were ill-prepared for the evacuation, having suffered years of poor rations and wearing clothing ill-suited to the appalling winter conditions.

In most camps, the POWs were broken up in groups of 250 to 300 men and not all the prisoners followed the same route. The groups would march 20 to 40 kilometers a day - resting in factories, churches, barns and even in the open. The wandering columns of POWs had little or nothing in the way of food, clothing, shelter or medical care.

Prisoners from different camps had different experiences. Sometimes the Germans provided farm wagons for those unable to walk. There seldom were horses available, so teams of POWs pulled the wagons through the snow.

Sometimes the guards and prisoners became dependent on each other,

other times the guards became increasingly hostile. Passing through some villages, the residents would throw bricks and stones, and in others, the residents would share their last food. Some prisoners who tried to escape or could not go on were shot by guards.

Because of the unsanitary conditions and a near starvation diet, hundreds of POWs died of disease along the way and many more were ill. Dysentery and typhus were easily spread from one group to another when they followed the same route and rested in the same places. Many POWs suffered from frostbite which could lead to gangrene. Some men simply froze to death in their sleep.

In addition to these conditions were the dangers from air attack by Allied forces mistaking the POWs for retreating columns of German troops.

As winter drew to a close, suffering from the cold abated and some of the German guards became less harsh in their

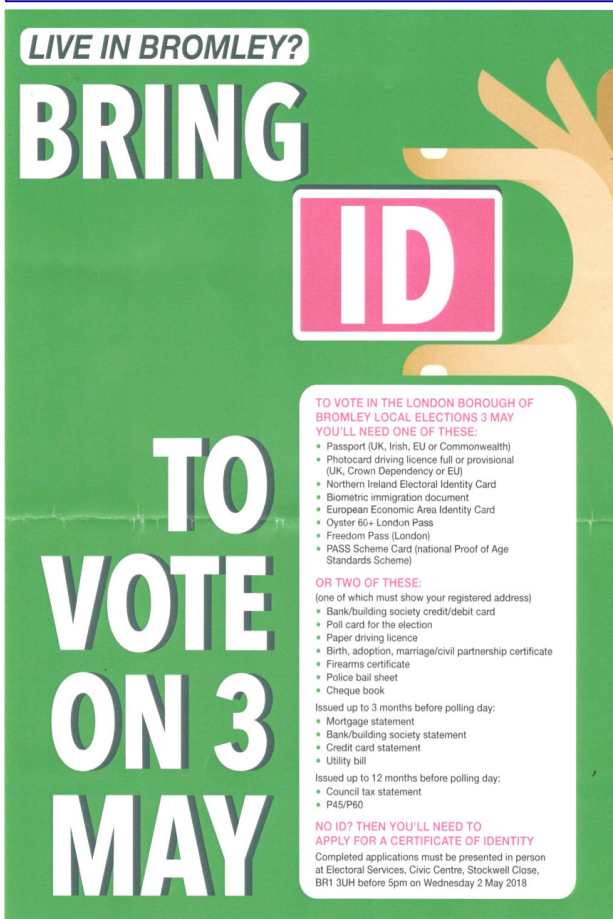
treatment of POWs. As the columns reached the western side of Germany they ran into the advancing western Allied armies. It was later estimated that a large

number of POWs had marched over 800 km (500 miles) by the time they were liberated, and some had walked nearly a 1,500 km (930 miles). It is estimated that

around 3,500 US and Commonwealth POWs died as a result of the marches.

Next month, Stan's march

Local Elections - 3rd May 2018



LIVE IN BROMLEY?
BRING
ID

TO VOTE ON 3 MAY

TO VOTE IN THE LONDON BOROUGH OF BROMLEY LOCAL ELECTIONS 3 MAY YOU'LL NEED ONE OF THESE:

- Passport (UK, Irish, EU or Commonwealth)
- Photocard driving licence full or provisional (UK, Crown Dependency or EU)
- Northern Ireland Electoral Identity Card
- Biometric immigration document
- European Economic Area Identity Card
- Oyster 60+ London Pass
- Freedom Pass (London)
- PASS Scheme Card (National Proof of Age Standards Scheme)

OR TWO OF THESE:
(one of which must show your registered address)

- Bank/building society credit/debit card
- Poll card for the election
- Paper driving licence
- Birth, adoption, marriage/civil partnership certificate
- Firearms certificate
- Police bail sheet
- Cheque book

Issued up to 3 months before polling day:

- Mortgage statement
- Bank/building society statement
- Credit card statement
- Utility bill

Issued up to 12 months before polling day:

- Council tax statement
- P45/P60

NO ID? THEN YOU'LL NEED TO APPLY FOR A CERTIFICATE OF IDENTITY
Completed applications must be presented in person at Electoral Services, Civic Centre, Stockwell Close, BRT 3UH before 5pm on Wednesday 2 May 2018

At the local elections this year, Bromley is taking part in a pilot scheme, run by the cabinet office, that means that voters within the borough will need to show ID before they can vote in a Polling Station.

Joining Bromley are Gosport, Swindon, Watford and Woking who have also volunteered to take part in the trial, and it is likely to be the first in a series of pilots to allow the Electoral Commission and Cabinet Office to evaluate the impact of asking for ID before a decision is taken on whether or not to roll it out nationally.

If you would like more information about the pilot, please go to: www.bromley.gov.uk/VoterID, or if you have any questions please contact the Electoral Services Team on: electoral@bromley.gov.uk or 0300 303 8665

Bromley Swift Survey

How Many Swifts Are Nesting Near You?

Swifts have been nesting in our buildings for centuries and have been a common sight performing their aerial acrobatics over our borough's towns in the summer. They spend the rest of their year in Africa.

Unfortunately, their numbers are in severe decline. Between 1995 and 2015 the UK lost more than half its swifts. Numbers appear to have fallen even more in Bromley over the same period.

The RSPB believes that loss of nest sites is at least partly responsible. Due to our tendency to seal up buildings during renovation or knock them down, swifts are returning to discover their nest site has gone or access is blocked.

Action is urgently needed to prevent swifts becoming extinct in Bromley.

We are running a Bromley Swift Survey between May and July



**Bromley
Local Group**

Bromley Swift Survey Can you help? May - July 2018

Swifts are amazing birds

But they're fast disappearing from Bromley's skies

Image credit: Paul Atgipal, Wikimedia Commons



You can help by joining our survey.

No prior experience or knowledge is needed. We will give you a local area to survey and ask you to:

- take a few short walks over the summer, and
- let us know where you see any swifts.

Together, we can find out where they are still nesting and take steps to protect them.

If you are interested, please contact bromleyrsprecs@rsps.org.uk or 07392 790 719



Visit rsps.org.uk/groups/bromley

this year to discover where they are still nesting. We need to find this out quickly so that action to provide nesting spaces can be targeted in the right areas.

No knowledge of swifts or previous experience of doing surveys is needed.

It will be really simple and easy, and help will be available if needed, for example on how to identify a swift.

We will ask participants to go for a short walk along the streets near to where they live or another location of their

choice. A balmy summer's evening would be best as the swifts will be most active then. The walk should be repeated at least once a month between May and July – so a total of three short walks. The participant would make a note of any swifts they see flying at rooftop level as this

means that the birds will be nesting nearby.

It would be great if you could take part. The more people who join in the better as we will build a more detailed picture of Bromley's swift population.

To take part in the survey

or find out more information you can either: email our Group's Recorder Peter Smart on

bromleyspbrecords@gmail.com or call the Group on 07392 790719.

RSPB Bromley Local Group

BMI Chelsfield Park Hospital - Highly Recommended

99.2% of patients would recommend BMI Chelsfield Park Hospital to their friends and family

Feedback from patients at BMI Chelsfield Park Hospital in Orpington has shown that 99.2% of those who received care there would recommend

the hospital to their family and friends.

95.3% agree that the quality of their nursing care was very good or excellent, and 92.3% would apply the same high rating to the standard of their accommodation. The figures for the independent hospital in

Chelsfield were the findings of the independent survey operator Quality Health, which analysed responses of 2703 patients who responded to a questionnaire between 1 January 2017 and 31 December 2017. Mr Sudhir Rao, Orthopaedic Consultant and Medical Advisory



Chair at BMI Chelsfield Park Hospital said, "We strive very hard to give the best possible care for our patients. Patient feedback is essential for us to know we are doing a good job of looking after our patients and we take constructive feedback very seriously so that we can improve the quality of care. I am delighted that we regularly achieve patient satisfaction scores that

exceed 95-96%." The figures have been well received by the hospital's 150 staff who provide care for NHS-funded patients, insured patients and those who choose to pay for themselves. The independent survey also showed high percentage scores across all assessed criteria, with 'very good' or 'excellent' for physiotherapy (89.6%), pharmacy

(90.8%), and catering (86.5%). A total of 93.3% of patients said their overall impression of diagnostic imaging was 'very good' or 'excellent'. Quality Health also provides the same survey analysis and questions across the NHS.

*Stephen Leigh
 BMI Healthcare
 BMI The Sloane Hospital
 & BMI Chelsfield Park
 Hospital*

Let it Snow, Let it Snow.....Don't Panic!

I don't know whether it's a sign of my age or the power of the media, but the sheer panic and hysteria that this late return of winter has created beggars belief.

As I write this missive we are watching TV reports of snow and travel conditions and comparing them with years gone by. When you get to 74 you have witnessed some 70 winters and have probably recalled most of the snowfalls. As a child it was the most exciting thing just to anticipate the first snow-cover, which even back in the 50s was not bound to happen. Certainly on reflection it seemed more frequent,



but we have short memories, and the dates on my digital snow images of Chelsfield for 2006,8,9 and 1980s prove the point.

Chelsfield has, we believe, possibly taken its name from Cele meaning cold, and Field meaning place. When I watched the weather maps

showing the cold easterlies sweeping down from Russia I knew that Kent, Essex and maybe south London would cop it. At Lynton, which faces west east, this meant that the tank and waterpipes in the loft used to freeze as that's how the daft builders used to arrange the system – very close to the eves in a non



December 2009

it is to wear proper footwear and dress up warm...not like the strange bloke in Seaford that was wearing his blue ultra short shorts as per usual yesterday. We've decided that he must drink antifreeze each day with his tea. Anyway, I am sending a few snow snaps of Chelsfield over the eons to remind us all of what real snow can be like!

Philip Lane



This used to be a familiar sight!

insulated loft! However, despite the near certainty of a dollop, as dad would say, we seemed to get by OK. Schools never closed and us children walked there as we usually did each day, dad got to work at Blackheath by car, most trains ran, if a bit late (mind you steam and diesel locomotives were far less likely to be beaten). Milk and bread seemed to get delivered, as long as you didn't leave the milk too long on the doorstep to freeze solid!

After listening to the scare story reports on Sunday on TV about getting in supplies, our local Morrisons on

Monday was a bunfight, even busier than Christmas and Black Friday (I trust the weather reporters got a hefty box of goodies from all the major supermarkets).

We knew that moving close to the sea, lying snow is less likely, but when the wind comes from the east even we have got some. Just enough to get out my dad's toboggan as written about before, but I need to have the twins to justify sitting on it now! They can actually ride their sledges across the nearby rec. to their Alfriston School, which is REALLY COOL! The main thing is you go out in

St Martin of Tours - Social Events



Sat April 14th - VINYL NIGHT
Sat April 28th - SPRING WALK





March 2018

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We would like to thank
CHELSEFIELD PARK HOSPITAL for their
sponsorship printing the Chelsfield Village Voice



Sun May 27th - RECTORY
TEA with SONGS of PRAISE



Sat June 9th - CHURCH FETE



Sun June 17th
WELL HILL CONCERT



Sat July 7th
CHELSEFIELD VILLAGE FAIR



Sun July 15th
RECTORY TEA with SONGS of PRAISE

USEFUL CONTACT NUMBERS

Bromley Council

Main switchboard:

020 8464 3333

E-mail: fixmystreet.com

Opening hours Monday to
Friday 8.30am to 5.30pm

Address: Civic Centre,
Stockwell Close,
Bromley, BR1 3UH

Reporting Problems to the Council

Can be reported via the
CVS website, or if urgent by
phone out of hours
Emergency Duty Team
020 8464 4848.

Neighbourhood Watch

John Leach 07711304965.

NHS Non-Emergency 111

Chelsfield Primary School
01689 825827

BMI Chelsfield Park Hospital

Main Reception

01689 877855

Physiotherapy

01689 885920

Outpatients

01689 885905

Councillors

Keith Onslow

keith.onslow@bromley.gov.uk

Samaris Huntington-Thresher

020 8464 3333

samaris.huntington-thresher@bromley.gov.uk

Lydia Buttinger

lydia.buttinger@bromley.gov.uk

Chelsfield Village Voice

chelsfieldvillagevoice@gmail.com

EDF Electrical Power Failure
Call 105 or 0800 316 3105

BT Line Faults 0800 800151

Thames Water Emergencies
0800 714614

National Grid (Gas)

Emergency (leaks) 0800 111999

Bromley Police Station & Police non emergency 101

Samaritans

Freephone 116123

Safer Neighbourhood Team

020 8721 2605

chelsfield.prattsbottom.snt@met.police.uk

Chelsfield Village Hall

(bookings) **01689 831826** or
email to:

cvhlettings@gmail.com

Chelsfield Players

info@chelsfieldplayers.org
www.chelsfieldplayers.org

DATES FOR YOUR DIARY

WEEKLY EVENTS

EVERY MONDAY

Chelsfield Methodist Hall,
Windsor Drive

Iyengar Yoga Classes

9.30am-11.00am
Suitable for Beginners
Contact Denise 01689
853215

EVERY MONDAY

Chelsfield Village Hall and
Brass Crosby Room
Chelsfield Housemartins
Monday Afternoons, for local
people who are unable to go
out without help.

EVERY MONDAY, TUESDAY, THURSDAY & SATURDAY

Chelsfield Village Hall,
InsideOut Pilates
Monday 6.30pm-7.30pm
Tuesday 9am-11am
Thursday 6.30pm-7.30pm
Contact Francesca on
07791 073445
iopilates@gmail.com

EVERY MONDAY, TUESDAY, WEDNESDAY & SATURDAY

Christ Church Hall,
Charterhouse Rd

Pilates Classes

Monday

10.45am Over 60's/Osteo
6.00pm Beginners Pilates
7.10pm Mixed Ability Pilates

Tuesday

7.15pm Beginners Pilates
8.25pm Mixed Ability Pilates

Wednesday

9.30am Mixed Ability Pilates
1.30pm Over 60's/Osteo

Saturday

8.45am Improvers Pilates
10am Beginners Pilates
Contact Sally 07786 035640
sally@orpingtonpilates.co.uk
see
www.orpingtonpilates.co.uk
for venues and more info

EVERY TUESDAY

Brass Crosby Room

St Martin's Toddler Group

10.30am-12.00 midday
Contact Sarah Ford:
01689 853415
smartinstoddlers@gmail.com

EVERY TUESDAY

The Chelsfield (Windsor Dr.)

Quiz Night

From 8.00pm Contact
01689 880288

EVERY TUESDAY

Five Bells

Charity Quiz Night

from 9.00pm

EVERY WED THURS & FRI

Chelsfield Methodist Church
Hall, Windsor Drive

Pilates Classes & Pre & PostNatal Pilates Classes

Wed 6.50-7.50pm

& 8.00-9.00pm

Thursday 8.20-9.20pm

Friday 9.35-10.35 & 10.45-
11.45am

Post Natal Pilates 12-1.00pm

(Babies Welcome)

Call Bethany Lucas

07415 638546

[bethanylu-
casplates@gmail.com](mailto:bethanylu-casplates@gmail.com)

Further classes at:

www.bethanylucaspilates.co.uk

EVERY WEDNESDAY

Hatha Yoga Classes

10.30am-12.00am

Contact Pam Keeper

01732 458930

EVERY THURSDAY

Chelsfield Village Hall

Class Street Dance

4.30pm-6.00pm

Boys & Girls all Ages

Info: Clare 07960 865518

www.class-streetdance.co.uk

EVERY FRIDAY

The Chelsfield (Windsor Dr.)

DJ NIGHT

From 8.30pm Contact
01689 880288

SPECIAL EVENTS

Monday 5th March

(1st Monday of Month)

Brass Crosby Room

St Martins Memory Cafe

2-4pm. Contact Jackie

McCann 01689 854119

memorycafe@stmartinchelsfield.org.uk

Wednesday 7th March

Five Bells

Open Mic Night

So all you budding musicians

out there, come along and
have a go! Starts at 8.30pm

Saturday 10th March

St Martins Church

Vinyl Night

Wednesday 14th March (2nd Wednesday of Month)

Chelsfield Village Hall

Afternoon W.I.

Newcomers Welcome

Contact Gwen on 01689

834879

Saturday 17th March

Christ Church Hall,
Charterhouse Rd

SLEEP SMART Workshop

(women over 40) 2-5pm

Contact Sally 07786 035640

sally@orpingtonpilates.co.uk

Tuesday 20th March (3rd Tuesday of Month)

Chelsfield Village Hall

Evening W.I.

Newcomers Welcome

From 7.45pm Contact

Madeline 01689 891533 or

Sue on 01689 827407

Wednesday 21st March

Five Bells

Open Mic Night

So all you budding musicians

out there, come along and

have a go! Starts at 8.30pm

Thursday 22nd March

(Last Thurs each Month)

Brass Crosby Room

Local History Group

"The 1945 Long March"

by Peter Gandolfi

Starts 10.30am

Saturday 31st March

(Last Saturday each Month)

The Chelsfield, Windsor Dr.

The Blox - Live Band

8.30pm

Contact 01689 880288

Thursday 1st April

(1st Thursday each month)

Five Bells

JAZZ NIGHT with JUST

FRIENDS

Music Starts at 8.30pm

Saturday 7th April

(First Sat Each month)

The Chelsfield, Windsor Dr.

Singles Karaoke

Contact 01689 880288