

#### March 2022

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### Chelsfield Park Hospital

Part of Circle Health Group

Mothers Day Sunday 27th March

Check out the dining options on pages 10 & 19



The Newsletter and "What's On" Guide for
Residents & Friends of Chelsfield Village

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PLEASE SEND ALL YOUR ITEMS FOR INCLUSION IN THE APRIL 2022 ISSUE TO:

chelsfieldvillagevoice @gmail.com

(or telephone 07414 920920) to arrive on or before Monday 28th March



#### The Deathwatch Beetle

I was driving back from Sutton-at Hone late one recent winter's night taking the cross country route through the woods between Shoreham and Chelsfield. It was cold and quiet and maybe there had been little traffic that evening as I saw a total of four deer on two separate occasions. Whenever this happens I make a point of slowing down as the herd instinct seems to compel these creatures to follow the leader. When one or two are startled by your arrival and make for the safety of the trees others usually follow even if it means running in front of traffic and that's when they suffer 'road kill' incidents. So, it's always good to understand their mentality and be on the lookout for tail-end Charlie!

This month I want to talk about the death-watch beetle (Xestobium rufovillosum). This beetle is a dull brown colour and can be up to 7 mm long and roughly cylindrical in shape (see

photo) which is useful as it spends most of its life tunnelling through wood. Which brings me to the occasion, some years ago, when I found that an old bonsai ornamental crab apple tree that I own had a pile of wood shavings near the bole of the tree. Directly above the shavings I found a small hole. On one occasion I even saw shavings being pushed out of the hole. I assumed this was the work of the deathwatch beetle. There is another potential British boring beetle, the furniture beetle that could have caused the damage to

my tree but this is smaller than the death-watch beetle and the size of hole suggested the larger of the two critters. I never did see the beetle that did the damage to my tree but I did try poking a piece of wire down the hole but it didn't seem to make any difference!

This beetle famously gets its name from the fact that it makes a tapping noise as it emerges as an adult from its pupal chamber and looks for a mate via a bout of tapping. Oak wood is the favourite and when this wood was used in old houses, those who were keeping





long quiet vigils beside relatives sickbeds took this noise as an omen that death would soon arrive: hence the macabre name. Folklore grew up about the nature of this noise and some parts of the country believed that the number of knocks were important three meant death although the number of knocks, or ticks, usually varies between 4 and 11. Others related the noise to the ticking of a clock and the passage of time while there was also the belief that the noise was that of the grim reaper tapping his fingers as he awaited the arrival of his next soul. A bit like a lethal version of the TV show 'Countdown'! Although the source of its name may not be a reliable omen, it certainly is in terms of wooden beamed houses where an infestation can lead to crumbly and fragile wood as the beetle's larvae burrow away creating a labyrinth of channels. However, the wood needs to be 'right' and these beetles tend to like their wood, usually oak, to be around 60 years old although this beetle also enjoys other woods

such as elm, walnut, chestnut, elder, beech and also from the evidence of my own tree: apple. Once infested, generations of beetles will feed on that one piece of wood until it can no longer provide food when the adults will leave to find a new home.

As for the beetles life cycle, given good wood



to eat the adults emerge usually in spring or early summer when the local temperature is at least 10 degree C or more and then they mate immediately. The female lays between 40 and 80 eggs and then dies a couple of weeks later – due to the fact that the

adults do not feed. The eggs hatch in a month and the young begin feeding. They grow slowly and can take up to ten years to reach a size that enables them to pupate within their wooden host. They will stay in this state avoiding emergence in the winter and when they eventually do emerge, they create the ticking noise they are so famously associated with which is in reality an attempt to find a mate.

In the case of my bonsai tree (see photo of bonsai tree: minus the shavings) which is around 50 years old, it has on one side a gaping gash which exposes the inner dead wood which in all probability offered an easy and inviting means to enter into the tree's heartwood. In the world of bonsai. features such as broken branches. gnarled bark and split trunks are considered as positive attributes and add longevity to the tree's apparent age.

> Steve Fuller March 2022



#### Chelsfield Village Fair 2022 - 9th July 2022

After what will be a three vear silence, we reckon that the ambitious annual six hours of lunacy which is the Chelsfield Village Fair will return this year. Saturday 9th July is the date to put in your diaries. The team have met and a great deal of the early planning has already happened. Kicking this monster into life isn't without problems. Stuff that is reusable from vear to vear is not necessarily reusable after such a gap, so the coffers are going to take more of a beating than previously. While the Fair is financially successful most years, cashflow is quite an issue with a great deal of expenditure happening before the Fair and nearly all the income arriving afterwards - our treasurer David Padilla manages that using cunning and beer. The cost of everything has gone up too which isn't helpful, plus there are some additional expenditures that were not necessary for the 2019 Fair but are now.

One major change that has faced every business is going from a cash business to contactless -

we are intending to handle contactless at all the places where we take money: tea rooms, gate and bar and we expect most of the traders will do likewise.

Our entertainment on the ground is slightly up in the air: it had to be said! The Croydon Steel Orchestra are suffering from being a youth group ravaged by two years Covid restrictions but they are hoping to be able to field some musicians on the day. We are keen to get Conquest K9 with their superb dog display back but they are facing regulatory changes which may cause problems - they too would love to come back if it's possible. One duaranteed' entertainment will be the Force 10 Big Band who will round off the afternoon in traditional style, thanks to Lester and Henrietta Barnes and the gang.

And my particular area of control is the air display. I have yet to see whether my inability to put on a flying display in 2021 and 2020 will cause any problem with regard to

my currency as a Flying Display Director - it would seem harsh to be penalised for matters way beyond mine or any airshow organiser's control, but the Civil Aviation Authority can be a bit odd at times. In a spirit of optimism I have booked the aircraft though and I really hope to bring you three aerial displays during the afternoon. I will have to take a renewal course at the end of 2022 in order to renew my FDD accreditation which normally means doing loads of coursework over Christmas but I'll make that sacrifice for you!

Anyway, we'll be in touch over all the normal matters and we always welcome more volunteers for the day to ease the workload on the merry band who put this foolish event on. If you're new to the Village and have never been to a Fair, you're in for a shock and a treat, hopefully in equal measure.

Dave Griffiths Chelsfield Village Fair

www.chelsfieldfair.com Facebook.com/chelsfieldfair



#### **Chelsfield Community Cafe**



The Chelsfield Community Cafe is now back up & running and all are positively enjoying the tea/coffee, homemade cake and camaraderie in the Village Hall. It's lovely to see the lovely happy faces of previous attendees and a few new friends.

As you know our Christmas event was cancelled at short notice however - good news we are now having an Easter event. This will be on Wednesday 20th April iust after the Easter break. Please come & ioin us for some Easter parade fun! Wear vour Easter bonnet, vellow or bunny ears!! Whatever makes you smile will make everyone happy! We'll have spring flowers. a raffle (which will include a lovely Easter egg) and maybe an Easter quiz

ready for you!!

Remember we are open on 1st and 3rd Wednesday of each month from 2:30pm -4:30pm. Bring your friends and neighbours along - especially if they would benefit from some friendly chat and a little social interaction. Please call if you require transportation. Please also contact us if you would like to volunteer or bake a cake. We look forward to seeing you soon.

> Mags, Pam & the Chelsfield Volunteers

#### View from the Rectory

Racial Justice – a long way to go?

Last month on 13<sup>th</sup>
February, churches up and down the land marked Racial Justice Sunday. It has been marked since 1995 following the murder of Stephen Lawrence 2 years before that and it has grown in significance particularly in recent years. You may ask the question, why do we need a Sunday to reflect

on these issues, but sadly Racial inequality is still very much present in today's society and sadly in the church as well. On that Sunday I used my sermon to highlight some examples and stories that should shock us into action to try and end this inequality. Below is an extract from it.

In the year 2000 John Sentamu, the Anglican Bishop of Stepney, was made to get out of his vehicle in the rain after being stopped near St Paul's cathedral. He said it was the eighth time in eight years that he had been questioned by police exercising their stop and search powers, which research has shown is directed disproportionately at black people. The bishop, 50, said that when he asked why he had been stopped the

officer ordered him to

open the boot so it could



be searched.

The bishop was driving back to his east London home just after midnight on Tuesday.

He said that a taxi and two cars had passed the officer before he was stopped.

His clerical collar was hidden by a scarf and an anorak as the City of London officer asked where he was going. The bishop asked him why he had been stopped. "He said 'just open the boot'. His voice was getting agitated. "He asked me what I did. and I said 'I'm the Bishop of Stepney'. He said 'whoops'. I revealed my dog collar and he looked as if he'd just seen a ahost."

Despite repeated requests, the officer would not justify his search to the bishop and had kept saving "off you go".

The bishop said he did not know why he had been stopped but added that he did not know of any white bishop who had been treated in such a way by the police. In a 2009 experimental study A survey by the Full Fact website found that when making a job application, 10.7% of applicants with a white

sounding name received a positive response. compared with 6.2% of applicants with an ethnic minority sounding name making them 74% more likely to get a positive response.

In a radio interview in 2016, Dawn Butler, a black MP said she was the victim of racism in Westminster when she was mistaken as a cleaner by an MP. She told BBC Radio 5 Live she was in a members-only lift when an unnamed Commons member told her: "This lift really isn't for cleaners." The Labour MP for Brent Central said it had been one of "so many incidents" of racism she had encountered while in Parliament. Ms Butler, the daughter of Jamaican immigrants, has previously described other instances of racism in the Commons. Writing for the Fawcett Society in 2008, she said she was once confronted by a former minister who gueried whether she was allowed in the members

area on the terrace. She wrote that when she told him she was an MP. he replied: "They're letting anybody in nowadavs."

The stories above feature individuals experiencing racism but in recent years even our government has been involved in institutional racism in the case of the Windrush Scandal. This began in 2018 with people who were wrongly detained, denied legal rights. threatened with deportation, and in at least 83 cases [1][2][3] wrongly deported from the UK by the Home Office. Many of those affected had been born British subjects and had arrived in the UK before 1973, particularly from Caribbean countries, as members of the "Windrush generation"[4] (so named after the Empire Windrush, the ship that brought one of the first groups of West Indian migrants to the UK in 1948).

Sadly, the Church too has been accused of institutional racism and has produced a report last year called from Lament to action to deal with some of the issues including underrepresentation of Ethnic Minorities in senior posts. I can confirm from my own experience that this is true in Rochester



diocese. In my previous post as Area Dean of Sevenoaks I attended meetings with all the Area Deans in the Diocese, Senior Diocesan Staff, Archdeacons and Bishops and at the last meeting I attended in early 2021 out of 35 people at the meeting only one was from an

ethnic minority and he was an Area Dean (the lowest seniority there).

Even in the past two weeks there has been an example of shocking and disgusting racism in the comments of the comedian Jimmy Carr regarding the traveller community. It seems there is such a long way to go and so Racial Justice Sunday is truly necessary and will continue to be until we learn to treat every human being with equal dignity and worth." Clearly there is still a long way to go.

Rev Michael

#### **Kent Heights Flower Club**

# <u>Do you love flowers?</u> <u>Come and join our first meeting of the year on</u> Thursday 3<sup>rd</sup> March 2022

7.30pm for 8.00pm start

At Halstead Village Hall, Knockholt Road, TN14 7EX

Everyone welcome,
sit back, relax and watch our demonstrator Susan Tausig,
pick up some useful tips, learn new skills and discover
new interests

Sales Table/Flower Raffle
Refreshments
Visitors welcome £7

For further information contact Sally Kemsley on 01959 534406



#### Fran Flin's Fitness



Hello All!

Fran here, your CV health and fitness columnist!

This issue, let's discuss the benefits of a good of stretch!

We should ALL be stretching our muscles – especially as we get older. Here are just a few of the reasons why:

- \* As we get older, our muscle tissue becomes less flexible and pliable and more prone to tearing and injury ... think of an elastic band and how it loses its "bounce" as it gets older!
- Regular stretching can help us maintain a

healthy functional range of movement across our joints.

\* Repetitive actions performed by our bodies every day can easily lead to muscular imbalances, again leading to potential injury or discomfort, often in our back, but know that back pain can originate from the ankle joint upwards, or the from the neck or shoulder downwards!

Flexibility can be improved upon at any age, however as we become older adults, it needs to be a regular practise to ensure that our muscles are kept pliable and "springy" – use it or lose it, in other words!

It's worth noting that your body is unique – and our physicality is what it is! If you were not able to touch your toes as a child due to the length of hamstrings, torso length, arm length etc ...then you will not be able to touch

your toes as an adult! You can however always improve on a stiffening musculature!

### How to improve on flexibility:

- \* NEVER try to stretch until your muscles are warm - you could very easily tear a muscle like this! Warm up your body properly by walking, dancing, jogging gently on the spot - you want to feel your pulse elevated and move your limbs around for around 3 - 5 minutes, depending on your initial body temperature when you start. (On a cold day, warm up for longer.)
- \* Start gently YouTube videos for gentle stretches should do the trick, or by all means, message me for a video tutorial!
- \* Be consistent stretch warm every day if possible – any time of day that works for you to create and maintain a regular habit.



- \* Progress once you have mastered some simple stretches, move on to some more challenging ones!
- \* Hold your stretches for at least 15 seconds, then push a little to increase if possible. To develop your stretches, you should try to hold them pushing for little increases, for 30 seconds!

When you stretch regularly, your body will thank you and reward you – less pain and discomfort, greater range of movement and the best news is that you can start at ANY time, and at ANY age!

Just a little mention of course ... I run a number of Pilates, Stretch Pilates & Yoga sessions ... details are all on my website below.

Have a marvellous

Fran Flin Business Owner

fran@flinsfitness.co.uk

www.flinsfitness.co.uk

Online, Face2Face & On Demand group fitness classes.

#### **Orpington Symphony Orchestra**



Local Music lovers – have you missed going out to live concerts?

Your local Symphony orchestra is giving a concert at All Saints Parish Church, Bark Hart Road, Orpington BR6 OQD on Sat 19<sup>th</sup> March 7.30 pm and we would love to have you come along to listen! The church has a lovely acoustic and is very spacious.

Our programme is Mendelssohn Hebrides Overture, Gounod Symphony No1 and Niels Gade En Sommertag paa Landet. These are all really tuneful and a good listen!

Tickets are £10 (£5 for children) and are available on the door www.orpingtonsymphonyorchestra.co.uk

Registered Charity 1063477



#### **Bo Peep March Events**



The Bo Peep Hewitts Road, Chelsfield BR6 7QL www.thebopeep.com

#### DATES FOR THE DIARY

#### TUESDAY 1st-FRIDAY 4th MARCH -PANCAKE WEEK

a selection of savoury and sweet pancakes available for lunch & dinner



#### TVESDAY 8th MARCH-Candle Making demonstration

followed by lunch 10.30am-2.30pm for more details contact info@thebopeep.com

#### SUNDAY 27th MARCH-MOTHERS DAY

Check our website for more details and to make a booking call 01959 534 457



#### **Local History Group - Orpington's Quiet Philanthropist**

Alfred Brown was a wealthy, highly-respected resident of Orpington for 40 years, one of its principal land and property owners and a generous supporter of numerous causes in the town and further afield. But he is barely remembered today in the place he loved. Except. perhaps, for his great gift to Orpinaton in 1890 – the Village Hall that stood in the High Street until it was demolished in 1968 and replaced by the modern one now sited by the war memorial, still governed by his trust deed.

Intrigued by the dearth of recorded detail about Alfred, Patrick Hellicar researched his origins, his life his giving and the source of his wealth. He shared his findings with the Chelsfield Local History Group in January in a talk entitled "The Mysterious Mr Brown, Orpington's Quiet Philanthropist".

Alfred was a Suffolk lad, born in 1830 in a tiny village to a tailor who later became a schoolmaster, and his wife. The third of eight children, Alfred left home at the age of 14 to work for Charles Meeking, a large London draper in Holborn, livingin alongside a crowd of other young employees at a warehouse/lodging house the firm owned.

By 1861 he was married to Elizabeth, a former servant girl from Lincolnshire, had two sons and was manager of the firm's woollen drapery arm. But they were still living at the lodging house with other Meeking employees, Elizabeth in charge as housekeeper.

Meeking's shop and some of his other properties were compulsorily-purchased by the City Corporation for the building of Holborn Viaduct in the mid-late 1860s. But this gave him the opportunity to reestablish his business in a massive new store which he-built on the newly-created Holborn Circus.

When Meeking died in 1872, the business was handed to Alfred Brown and four other longserving employees. This made Alfred a wealthy man. He then brought his family to Orpington, where he had a large house built, set in five and a half acres at the foot of what is now Knoll Rise, and soon acquired other land and properties. However, he never became involved in local politics or municipal life.

Sadly, Elizabeth died in 1879 at the age of 46 and was laid to rest in the churchyard at All Saints. Alfred paid for the lychgate at All Saints' to be erected in her memory. In later years, All Saints received other large donations from him.

Over the following two decades Alfred left the Meeking partnership, hived off its woollen drapery side into a separate business at Holborn with his two sons and increased his footprint in Orpington. As well as houses and cottages - many let at very low rents to elderly tenants – he snapped up dozens of acres along the road towards Green Street Green and in 1889 acquired "The Boundary"



(between the railway line and Warren Road).

This "desirable freehold residence" with a bailiff's cottage, numerous outbuildings, large gardens and meadowland totalling just over two acres, plus another acre or so of excellent arable land. became Alfred's home. And it was here that, in the First World War, the Canadians built the Ontario military hospital which eventually became Orpington Hospital.

A project Alfred was especially keen on was a plan in the mid-1890s by the Linen and Woollen Drapers Institution to build an estate of cottage homes for retired workers from the trade. He offered some of his "Boundary" land but a site at Mill Hill near Hendon was chosen instead. Alfred then funded the construction of two of the cottages and endowed them with a supply of coal in perpetuity for their tenants.

He was always a generous benefactor to Chislehurst Road School and Wellington Road School but the true extent of his munificence will never be known because he preferred to "do good by stealth", making many donations anonymously.

In 1910, Alfred Brown & Sons moved from Holborn to St Martin's Lane on the edge of Covent Garden after buying up the business of James Platt, a huge rival which had gone bust. Alfred's elder son. Charles, had quit the family business earlier to pursue his career in the Auxiliary Army, rising to Colonel - so the partnership at this stage consisted only of Alfred, now aged 81, and his vounger son, Robert, who masterminded the takeover and developed the business further.

Alfred died in 1915 and was buried at All Saints with his wife and son Charles, who had passed away in 1911. Among his legacies he left £5.000 to be distributed to chosen employees, £5,000 to the **Drapers Cottage Homes** at Hendon and other sums to The Drapers' Schools at Purley: Dr Barnardo's, The Homes for Little Boys at Swanley and Farningham, The Reedham Orphanage at Purley and the Church Army.

One obituary declared: "It may be truly said that Mr Alfred Brown lived a long, helpful and beneficent life, revered and honoured by all who knew him."





## 

#### St Martin's Toddler Group

January 2022



Dear Parents, Grandparents and Carers,

Here are our dates for the <u>Spring</u> term. We meet in The Brass Crosby Room at St Martin's Church, Chelsfield on Tuesdays during school term time, 10.30am - 12noon, £2 per child/baby which includes refreshments and craft resources.

We look forward to seeing you, Toddler Volunteers:

Jenny, Peter, Mary, Mo, Val, Anne and Ally.

!st,  $8^{th}$ ,  $15^{th}$ ,  $22^{nd}$  &  $29^{th}$  March  $5^{th}$ ,  $12^{th}$  &  $19^{th}$  April - Easter Holidays so no Toddler Group

#### Contact Details:

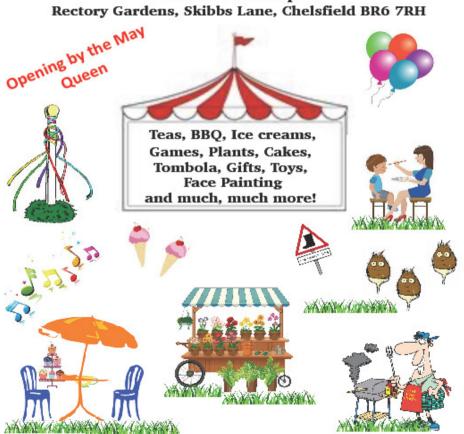
Toddler Group Leader - Jenny Wood Email: stmartinstoddlers@gmail.com

Church website: www.stmartinchelsfield.org.uk





12 noon - 4.30pm



Fundraising event for St. Martin of Tours, Chelsfield Registered charity no: 1131573





The Benefice of Chelsfield with Green Street Green and Pratts Bottom



## St Martin's Chelsfield & Well Hill Calendar of Services – March 2022

All welcome! Please be aware that in the current situation this schedule is subject to change, potentially at short notice. Please watch the church website for updates (see link at bottom of page).

#### St Martin's

Wed 2 March 9.30am Holy Communion with ashing - BCP Ash Wednesday 8.00pm Holy Communion with ashing at St Mary's

Sun 6 March 10.00am Family Communion

1st Sunday of Lent 6.30pm Evensong

Wed 9 March 9.30am Holy Communion - BCP
Sun 13 March 10.00am Family Worship with basptism

2nd Sunday of Lent 6.30pm Song Eucharist

Wed 16 March 9.30am Holy Communion - BCP Sun 20 March 10.00am Family Communion

3rd Sunday of Lent 6.30pm Evensong

Wed 23rd March 9.30am Holy Communion - BCP

Friday 25th March 10.00am Said Holy Communion at St Mary's

Annunciation of the Blessed Virgin Mary

Sun 27 March 10.00am Family Worship

Mothering Sunday 6.30pm Evensong

4th Sunday of Lent

#### Well Hill\*

Sun 13 Marchj 10.00am Holy Communion Sun 27 March 10.00am Morning Prayer

\*NB these services have limited capacity – for more information please contact Anne Ireland on 07767 783189 / anneireland@icloud.com

As at 24 February 2022











Follow

Watch



#### Revision of Church Electoral Roll



#### PARISH OF ST. MARTIN OF TOURS, CHELSFIELD in the Diocese of Rochester

#### REVISION OF CHURCH ELECTORAL ROLL

#### Notice is hereby given

that the Church Electoral Roll of the above parish will be revised by the Parochial Church Council, beginning on the 27th day of March 2022 and ending on the 7th day of April 2022.

After the revision, a copy of the Roll will be published by the Parochial Church Council on the church noticeboard for at least 14 days and a copy of the Roll will be available for inspection on a reasonable request being made to the Council.

Under the Church Representation Rules any lay persons are entitled to have their names entered on the roll if the person is—

- (a) is baptised,
- (b) is aged 16 or over, and
- (c) has made one of the following three declarations and duly applied for enrolment.

The first declaration is that the person is a member of the Church of England or of a Church in communion with it and is resident in the parish.

The second declaration is that the person is a member of the Church of England or of a Church in communion with it, is not resident in the parish, but has habitually attended public worship in the parish during the preceding six months.

The third declaration is that the person is a member in good standing of a Church which is not in communion with the Church of England but subscribes to the doctrine of the Holy Trinity and is also a member of the Church of England and has habitually attended public worship in the parish during the preceding six months.

Application Forms for enrolment can be obtained from the Church Electoral Roll Officer. In order for a person to be entitled to attend the annual parochial church meeting and to take part in its proceedings, an Application Form for enrolment must be returned by the date shown above for the ending of the revision of the Church Electoral Roll by the Parochial Church Council.

Any error discovered in the Roll should at once be reported to the Church Electoral Roll Officer.

Dated this 1st day of March 2021

Signed C. C. Conjunction

Church Electoral Roll Officer

Address: Goodwood, 10 Logs Hill, Chislehurst BR7 5LW

Email: roll@stmartinchelsfield.org.uk





#### THE PARISH OF ST. MARTIN OF TOURS, CHELSFIELD



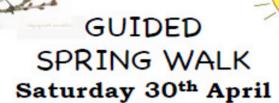
#### APPLICATION FOR ENROLMENT ON THE CHURCH ELECTORAL ROLL

Full name		
Preferred tit	title (if any)	
Full address		
	Postcode	
Email (optio	ional) Phone no (optional)	
1: I declar	are that (please tick only one box from options A or B)	
1A	I am baptised, am a lay person, and am aged 16 or over	
1B	I am baptised, am a lay person, and become 16* on * Those who become 16 in the next 12 months may complete the form and become elig entered on the roll on their 16th birthday	ible to be
2: I declar	are that (please tick only one box from options A, B or C)	
2A	I am a member of the Church of England (or of a Church in communion v Church of England) and am resident in the parish	vith the
2B*	I am a member of the Church of England (or of a Church in communion of Church of England), am not resident in the parish, [but have habitually at public worship in the parish during the preceding 6 months] / [and would habitually attended public worship in the parish during the preceding 6 rebut was prevented from doing so because	ttended d have
2C*	I am a member in good standing of Church which is not in communion we Church of England but subscribes to the doctrine of the Holy Trinity, ammember of the Church of England and [have habitually attended public win the parish during the preceding 6 months] / [would have habitually attended public worship during the preceding 6 months but was prevented from the because]	also a worship tended
	*If you tick 2B or 2C in circumstances where a new Roll is being prepared, you must dele the first set of words in square brackets or the second set. If you delete the first set, you complete the second set by filling in the space at the end. See Note 3 for further informa-	must
I declare the of the paris	hat the above answers are true, and I apply for inclusion on the church election.	toral roll
Signed:	Date:	

Please read the notes overleaf, and, if you are happy to do so, consent to being contacted by St. Martin's in relation to events and other matters of interest.



#### **Guided Spring Walk**



Circular Walk starting at St. Martin's Church, Chelsfield At 10.00am

Approx 4 miles - some stiles to cross



Teas and coffees served from 9.30 to 12.30



Breakfast buns available at the church from 11.30 to 12.30 - £5



March 2022



#### **Mothers Day at The Five Bells**

#### The Five Bells Chelsfield Village

Tel: 01689 821044 Sunday 27<sup>th</sup> March 2022



#### To get your taste buds going:

Leek & Potato Soup served with artisan roll (Vg) (GF\*)
Chicken Paté served with brown toast
Beetroot cured Salmon & Prawn Cocktail served with brown bread (GF\*)
\*Can be traditional Prawn Cocktail if preferred\*

#### The Main Event:

Your choice of Roast from: Supreme of Chicken: Pork with apple sauce: Beef

All served with roast potatoes, seasonal fresh vegetables, homemade Yorkshire Pudding and a rich gravy (GF\*)

Slow braised Lamb Shank with mashed potatoes, carrots & minted gravy

Grilled Red Snapper with coriander pesto, grilled cherry tomatoes and new potatoes

Pasta Primavera with rosemary focaccia (home made bread)(Vg)

#### The Yummy bit:

Pavlova with raspberries

Home made Bread & Butter Pudding with custard Sherry Trifle (Mum's favourite)

And, of course Chocolates to finish

Prices Adult: : 3 courses = £28.00 : 2 courses = £23.50

Child: 3 courses = £17.00 : 2 courses = £14.00

Our children's menu for under 11 year olds is also available @ £7 per child

A non returnable deposit of £10 per person is required at the time of booking

For larger tables of 6 people or more please complete the choices form & return by Friday 18th March to the pub or by email: kaystone121250@gmail.com

Times: We have 3 separate sittings on this lovely day:

1st sitting 12.00/12.15 sit-down vacate table by 2.00

2nd sitting 2.30 sit-down to vacate table by 4.30 and 3rd sitting 5.00 sit-down



#### The Saxon Centre - Ladies Lounge & Men's Shed

#### What is a Men's Shed?

A Men's Shed is a concept that originated In Australia several years ago and is a community spaces where they can socialise and carry out activities that benefit the local community and charities.

They were started because some gentleman missed the routine and camaraderie between colleagues. This can lead to feelings of loneliness and isolation which can be detrimental for health and wellbeing.

The concept of the Men's Sheds is to bring together isolated gentlemen in a space where they can feel comfortable and put the world to rights over a cup of tea. It is about friendship, fun and getting out.

### What is a LADIES LOUNGE?

A Ladies Lounge is a similar concept to a Men's Shed and is a community spaces for ladies to connect, create and converse.

The service has been

developed to allow like minded ladies to socialise and share skills they have acquired throughout their life. The service is designed to combat feelings of loneliness and isolation which can be detrimental for health and wellbeing.

The concept of both the Men's Sheds and Ladies Lounge is to bring together isolated gentlemen and ladies in a space where they can feel comfortable and put the world to rights over a cup of tea. It is about friendship, fun and getting out.

## Who runs the Men's Shed and Ladies Lounge?

Age Concern Orpington is a registered charity and run and operate both the Men's Shed and Ladies Lounge located at the Saxon Centre. It is run with support from its members because there is life after employment and ladies have a great number of skills, knowledge and experience that they are happy to share, it also offers them a continued

sense of purpose.
All our staff are DBS checked and have a wealth of experience of undertaking a range of different activities, arts and crafts. They have completed all mandatory training.

#### Are the Men's Shed and Ladies Lounge just for older people?

No, anybody can join the both the Men's Shed or Ladies Lounge over the age of 18 but generally they are attended by men ladies who are no longer working or have time on their hands.

#### Can men join the Ladies Lounge or women join the Men's Shed?

There are Men's Sheds in the UK with female members but most Men's Sheds are attended only by men.

The Ladies Lounge is a new concept aimed at ladies however we understand that some men might like to join in some of the activities or already have them as hobbies.



#### What activties does the Men's Shed offer?



Woodworking

groups of men to enjoy together. Activities may include recycling second hand materials into bird tables and bird boxes or upcycling old furniture to give it a second lease of life

#### What activties does the Ladies Lounge offer?



Sewing



The activities we offer are similar to those that you might do in your garden shed, but aimed at



**Jewellery Making** 

The activities we offer are similar to those that you might do at a ladies

fellowship or women's institute. The aim is to bring ladies together to share skills, knowledge and experience and help reduce loneliness and isolation, but importantly to have fun.

#### How do I join?

To join our Men's Shed or Ladies Lounge you need to fill in an application form and return it to the centre.

#### How much does it cost to become a member?

Each time you attend the centre you will be required to pay a small sub to cover the cost of materials, equipment and refreshments.

If you plan to spend the day at the centre you can purchase a pre booked two-course lunch at extra cost.

#### When are we open?

The Men's Shed and The Ladies Lounge are open from 10 am until 4pm, Monday to Friday. With 2 sessions, one in the morning and one in the afternoon.

You can attend for an hour, a full session or a full day. You can attend as often as you like.



#### Other facilities

The centre run a range of other services including hairdressing and chiropody. You are welcome to book an appointment. There is an additional cost.

#### Volunteering?

The Saxon Centre works closely with volunteers to support the services we

provide to people who attend the day centre. lf vou are interested in volunteering at the centre, please speak to a member of staff

#### Further information

If you are interested in our Men's Shed or Ladies Lounge, have any questions or require further information.

please contact the Saxon Day Centre by:

Phone 01689 830055

Email:

ageconcernorpington@live.co.uk

Post: The Saxon Centre Lvch Gate Road. Orpington, Kent, BR6 0TJ.

#### **Parking Problems in the Village**

There have recently been a number of cases of inconsiderate parking around the village, often at weekends along Bucks Cross Road by vans blocking the pavement and forcing pedestrians and pushchairs out into

the road. Our councillors were asked the best way of reporting these.

Residents should report inconsiderate parking or contravention of the restrictions to our Parking Enforcement Team on:

0300 303 8662 (020 8301 6317 outside normal working hours)

or at:

https://www.bromley.gov. uk/forms/form/200/en/rep ort incorrect parking

#### Supporting the Lonely

Please find below a link to the London Borough of ness Bromley loneliness strategy;

https://www.bromley.gov. uk/info/200050/help for

adults/1613/tackling loneli

We all know someone that is lonely and as such I would ask you to circulate as you feel appropriate.

Mike Botting Councillor for Chelsfield & Pratts Bottom (including Green St Green) Tel: 07976-280511

Mike.Botting@bromley.gov.uk

#### School Facilities to Hire

Are you in need of classrooms, hall, playground or kitchen facilities to hire? Then Chelsfield Primary School may be able to help. Contact Stephanie at: stephanie.lavelle@solamat.co.uk to discuss your needs.





#### Rotary in Langley Park and DeafPLUS



# ANTIQUE, VINTAGE AND COLLECTABLES FAIR

SATURDAY 12<sup>th</sup> MARCH 2022 10.00 am - 3.00 pm

HAYES FREE CHURCH

111 PICKHURST LANE, HAYES, KENT, BR2 7HU

SNACKS & REFRESHMENTS AVAILABLE

Contact Mr D Connolly Tel; 020 8776 0108

## FACE COVERINGS WILL BE RECOMMENDED AND TEMPERATURE CHECKS MAY BE UNDERTAKEN.

Visit Facebook.com/Bromley antique activities

ENTRANCE £1.50







Sponsored by Ennis-Webb & Co, Solicitors, Elite House, 155 Main Road, Biggin Hill, Kent TN16 3JP - tel. 01959 577000









# TRADING STANDARDS ALERT!

## Someone knocking? Not sure – don't open the door!

**Alert 3.17** 

25 February 2022

Bromley Trading Standards are reminding residents to <u>check</u> and <u>verify</u> who is at their door if they receive an unexpected doorstep call. Some visitors may not be who they claim to be.

Distraction burglars mislead to gain entry to your home and steal from you, for example:

- Offering to do, and even doing a little, work on your property e.g., garden, roof (as with rogue traders).
- Pretending to be from a utility company e.g., gas, electricity, or water. Utility companies operate a password scheme - so talk to them first.

They can work in teams, with one person distracting you whilst the other searches your home stealing valuable items and your money.

#### Protect yourself - Keep burglars out of your property | Metropolitan Police

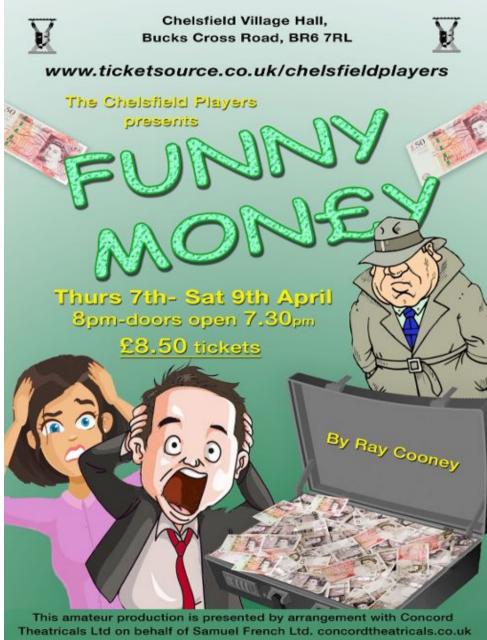
- Use your spyhole or a window to see who is there before you open the door
- Remember "Not sure, don't open the door"
- Request ID and CHECK with the company before letting them in a genuine caller won't mind waiting while you check - always close the door while you do this

If you or someone you know has been or is being targeted by rogue traders call Trading Standards Rapid Response on 07903 852090. We advise don't-deal-with-Doorstep Callers.

#### REPORT - Protect yourself and others by reporting incidents.

- < If the cold caller is persistent and refuses to leave you can call 999.
- < If you are suspicious but not in immediate danger, call 101, police non-emergency number
- < Report scams to Action Fraud on 0300 123 2040 or www.actionfraud.police.uk
- < Contact Citizens Advice for help and advice on 0808 223 1133
- < Contact Victim Support on www.victimsupport.org.uk or call 0808 168 9291









# TRADING STANDARDS ALERT!

## Courier Fraud Deliver the message...

**Alert 3.14** 

7 February 2022

Bromley Trading Standards are highlighting <u>some</u> of the methods used by scammers to trick people into handing over their debit or credit cards – also known as courier fraud.

In most cases the fraudster phones their victim and claim to be from their bank or the police, then someone visits your home to collect your card, cash or other items. There are many variations – here are some *examples*:

... your bank and another bank are merging - your bank cards will expire today. They will deliver your new card & collect and dispose of your old cards ... a fraudulent payment has been spotted on your card that needs sorting out

... someone has been arrested using your details and cards – they need you to confirm your card numbers over the phone



... there is a corrupt member of staff at your bank and the police need your help to identify them. They ask you to withdraw a large amount of your money, which is then collected for evidence

... you are asked you to purchase an expensive watch or other high-value item, to help find out if counterfeit goods are being sold

The fraudster may ask for your PIN (Personal Identifications Number) or ask you to key it into your phone.

NO bank or Police officer will ever ask for your PIN

The scammer then sends a courier or taxi to pick up your card from your home.

Once the scammer has both the PIN and your card they can withdraw and spend your money.

If you would like to receive Trading Standards Alert! direct to your inbox please visit www.bromley.gov.uk/scams and complete the online form.



#### **Dates For Your Diary**

#### **WEEKLY EVENTS**

Every Tuesday Brass Crosby Room t Martin's Toddler Group 10.30am-12.00noon

Every Tuesday Five Bells CHARITY QUIZ NIGHT mq08.8

Every Thursday The Chelsfield Pub **QUIZ NIGHT** from 7.30pm

#### INDIVIDUAL EVENTS

Wednesday 2nd March Chelsfield Village Hall Chelsfield Volunteers AFTERNOON TEA 2.30pm-4.40pm

Wednesday 2nd March Five Bells Open Mic Night From 8.00pm

Thursday 3rd March Five Bells Live Jazz with Just Friends from 8.00pm

Thursday 3rd March Halstead Village Hall Kent Heights Flower Club 7.30pm for 8.00pm start

Sat & Sun 5th & 6th March Coolings Garden Centre Antiques & Collectibles Fair 10.00am to 4.00pm

Monday 7th March Five Bells KNIT & NATTER NIGHT from 8pm

Saturday 12th March Hayes Village Hall Antiques Fair 10am to 3pm (Page 23)

Saturday 12th March The Chelsfield Pub 'Arry & the @Atstands Live Music From 8.30pm Free Entry

Monday 14th March The Chelsfield Pub Jam Session Instruments Available Tuesday 15th March Chelsfield Village Hall Evening W 7.30pm-9.30pm

Wednesday 16th March Chelsfield Village Hall Chelsfield Volunteers AFTERNOON TEA 2.30pm-4.40pm

Wednesday16th March Five Bells Open Mic Night From 8.00pm

Saturday 19th March All Saints Parish Church Orpington Symphony Orchestra Concert 7.40pm Details on Page 9

Saturday 26th March St Nicholas Church Spring Fair 11am - 2pm (See page 24)

Wednesday 6th April Chelsfield Village Hall Chelsfield Volunteers AFTERNOON TEA 2.30pm-4.40pm

#### **Recycling Bin Collection March 2022**

Monday 7th March Monday 14th March Monday 21st March Monday 28th March Monday 4th April

Non-recyclable refuse, Paper & Cardboard, Food Waste Plastic, Glass and Tins, Food Waste.

Plastic, Glass and Tins, Food Waste,

Non-recyclable refuse, Paper & Cardboard, Food Waste

Non-recyclable refuse, Paper & Cardboard, Food Waste

Every week

Batteries, Small Electrical Items, Textiles (please only present one small transparent bag each week, and represent the following week if it is not collected

every Month (Dec-Feb)

Every 2 weeks (Mar-Nov) Green Garden Waste is collected fortnightly or monthly only from households that subscribe (£60 per annum) to the Bromley scheme (Telephone: 0300 303 8658 for advice)

## Chelsfield, Well Hill and District

# Produce Show



Saturday 17th September 2022 in Chelsfield Village Hall

SCHEDULE AND RULES
Set up from 9.30am
Viewing from 2.00pm
Prize giving time 4.00pm

#### Flower arrangements

27. 28.

29.

30.

1. ⊙ An arrangement to celebrate the Queen's Platinum Jubilee. A bridesmaid's posy. 2 3. ⊙ A flower arrangement in a container from your recycling bin **Flowers** 4. 3 Roses A bunch of mixed flowers. 5. 6. 3 homegrown sunflowers. 7. A vase of garden flowers. A single hydrangea head in a vase. R **Vegetables** 9. Gardener's choice. Enough vegetables for a meal for two comprising potatoes and two other vegetables. 10. A mixed salad—any three of the following: 1 lettuce, 1 cucumber, 6 radishes, 6 spring onions, 1 capsicum, 3 tomatoes: staged in a seed tray. 3 Onions- tied & trimmed. 11. 12. 5 potatoes of one variety. 5 medium to large tomatoes. 13. 14. 7 Pods of French beans. 15. A pair of courgettes. 16. 3 Carrots, trimmed. 17. The longest stick of rhubarb. 18. A jam jar of garden herbs. A bucket of home produced compost. 19. Fruit 20. 3 Dessert Apples- polished. 21. 3 Cooking Apples- unpolished. 22. 3 Pears. 23. 5 plums. 24. A dish of wild fruit and nuts. 25. 3 of any other home grown fruit Wine A bottle of dry white table wine. 26.

A bottle of sweet white table wine.

A bottle of dry red table wine.

A bottle of sweet red table wine. Any other home made alcoholic drink

#### **Country Fare**

31.	A multigrain seeded loaf. Please state whether Machine or hand made
32.	A cake suitable for vegans
33.	Decorated Platinum Jubilee cake - decoration only to
	be judged.
34.	Five Scones.
35.	A Tarte Tatin
36.	Three 2 inch Squares of millionaire's shortbread.
37.	A jar of Fruit Jam.
38.	A jar of Mayonnaise.
39.	Three Flapjacks.
40.	Six fresh eggs

#### Photographs - All to be unmounted max size 8½ " x 6"

41.⊙	A wild flower.
42.	A reminder of Lockdown.
43. ☺	Seen in Chelsfield.
44.	A characterful tree.

#### Handicrafts 45

45.	A hand knitted or crocheted item.
46.	An item or tapestry or embroidery (specify if using kit).
47. ☺	A soft toy.
48. ☺	A greetings card.
49. ⊙	A item of jewellery, any medium.
50. ☺	Any craft or hobby (specify if using a kit).
51. ☺	A Christmas decoration
52. ⊙	Any drawing or painting
53.	Charity Class - an item made to be donated to a charity

#### **Miscellany**

54. ☺	A matchbox (standard size) filled with real listed items
	starting with the letter P for Platinum.
55. ☺	A miniature garden in a baking tray

Classes marked with  $\odot$  may be entered by adults or children (up to and including 11 year olds).

Children's entries will be judged separately with age taken into consideration.

Additional schedules and enquiries contact Dan Sloan 07414 920920 chelsfieldandwellhillproduceshow@gmail.com

#### The Cups & Trophies

KNOX-CUNNINGHAM CUP - Household cup, adult classes only.

WELL HILL CUP - Household cup, all classes.

KEN PICKERING CUP- First awarded in 1996. This is awarded to the "best in show" TOM CASTLETON ROSE BOWL - This is awarded to the garden judged to most enhance Chelsfield Village.

ALLOTMENTS CUP- First awarded in 1996. To be awarded to the individual with the highest number of points in the vegetable class.

CHILDRENS' CUP- This is awarded to the child with the highest number of points in the Children's' classes.

QUEEN ELIZABETH II GOLDEN JUBILEE PLATE - This is awarded to the individual with the highest number of points not awarded the Knox-Cunningham or Well Hill Cup. WINE CLUB CUP - First awarded in 1996. This is awarded to the individual with the highest number of points in the Wine Class

COUNTRY FARE CUP - This is awarded to the individual with the highest number of points in the Country Fare class.

TRISS & JOHN COTTENDEN TROPHY – First awarded in 2007. This is awarded to the individual with the highest number of points in the Flower classes.

#### **PROGRAMME**

Staging: 9.30-11.00 a.m. Entries will not be accepted after 11.00 a.m.. Judging 11.30. Viewing 2.00p.m. Prize Giving 4.00 p.m.

#### RULES

Open to residents of Chelsfield, Well Hill and District.

30p per entry. Children's classes free.

Competitors may submit more than one entry in each class, but can only win one prize per class. Children may submit entries in adult classes 30p per class.

Fruit, vegetables and flowers (except in classes 1-4 and 28 must be home-grown. Handicrafts, cookery and wine must be homemade. No item may have been exhibited at this show in previous years.

1<sup>st</sup> prize: 3 points (red card) & prize (will vary according to class) 2<sup>nd</sup> prize: 2 points (blue card) & prize (will vary according to class) 2<sup>nd</sup> prize: 2 points (blue card) & prize (will vary according to class) 3<sup>rd</sup> prize: 1 point (yellow card) & prize (will vary according to class)

Handicraft classes and children's classes will be judged on individual merit.

Children's classes will be judged with age taken into consideration.

#### HOUSEHOLD CUPS

The Knox Cunningham Cup will be awarded to the household with the highest number of points gained in all adult classes. The Well Hill Cup will be awarded to the household with the highest number of points in all classes. No household may win both cups. Only the best score in the household in each class will be counted.

Each entry must be accompanied by a 2" square of white paper (yellow for children, provided). On the back should be: Your name and the class number of your entry.

You will be given a competitor's number when you arrive, which must be written on the front of the square of paper.

Entries for the children's classes should show the child's age on the front of the square of paper.