



May 2012

*Supported by*



Chelsfield  
Park  
Hospital

## Jumpers For Rescued Hens!



### No, We Are Not Kidding!

Read more on Pages 3 and 13

All jumpers knitted for the Produce Show on September 1st will be donated to a battery hen rescue organisation

**Also in this issue - Your Chelsfield and Well Hill 2012 Produce Show Schedule, allowing plenty of time to prepare your entries**

The Newsletter and "What's On" Guide for Residents & Friends of Chelsfield Village

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### **Contributions PLEASE!**

#### **TELL US WHAT YOU THINK**

**Send you ideas, articles, events, photos or whatever contributions for our June issue to:**

villagevoice@chelsfield.org  
or post to:

Chelsfield Village Voice

2 Bucks Cross Cottages  
Chelsfield Village

BR67RN

by the 28th May please

Visit

[www.chelsfieldevents.co.uk](http://www.chelsfieldevents.co.uk)

## The Woodmouse

The wood mouse (or field mouse) is the most common of Britain's mouse species. It likely to be the one that grubs up your garden seeds and peas or, as in my case, takes the top off of newly sprouted leeks. There are other species of mouse in Britain, the main ones being the Harvest mouse and the yellow necked mouse. The latter is the most similar to the wood mouse and is only different, as its name implies, by the colour of its neck. If one were to pick up one of these two mouse species up by the tail, then both shed the skin, presumably as some form of defence mechanism. This reminds me of a German biologist called August Weismann who investigated the theory put forward by a predecessor of Darwin, called Lamarck. He believed that physical attributes would be passed on generation to generation. Of course some are, i.e colour of hair, build etc. But Lamarck thought that if one lost an arm and then fathered a child, the child would also be missing an arm, or possibly a grandchild or

later descendant. What Weismann did was take a colony of mice and cut off all of their tails. He then cut off the tails of 18 generations of mice and not one was born without a tale, finally disproving the Lamarckian theory although it took many decades before the idea faded away. Anyway, I digress ! The point is that picking mice up by the tail (which is the safest if you want to ensure you don't get bitten- as I have) then the tail is the safests way. Mice are clearly very common and living in the county it would be supprising if most of us have not seen one: especially if we own a cat ! One can often see them scurry across the road in

the lights of our vehicles and on one occasion walking home from the Five Bells I saw a mouse rapidly followed by a cat crossing the road and heading towards the village hall. I've even seen one making its way through my allotment in broad daylight. Although the favourite food of cats, these mice support all manner of small predators from weasels and stoats to birds of prey. They form the baseline for a broad food chain and its unfortunate that they sometimes take shelter within our homes and then become a pest, or at worst vermin.

*Steve Fuller*



## Flatspin - Chelsfield Players

This Ayckbourn play was well cast and gave us, as promised, an evening of sex, drugs, violence and pasta. Poor Rosie thought she was on to a good thing adopting a false identity to enjoy an intimate evening in someone else's flat with a handsome stranger but things soon got out of control.

Cynthia Hearing deserves a special mention for her flawless portrayal of the hapless Rosie who barely left the stage during the whole performance – end even then

was still within earshot. It was also good to see a new (to me) face in the form of Paul Matthews playing Sam, the nice "boy" next door who later turned out to be something completely different.

The scene where Rosie tries to explain herself to Sam to no avail was beautifully timed and convincing.

Rosie soon found she was in deep trouble and would be called on to give the best performance of her life. I particularly enjoyed Tracy

and Rosie comparing the training each had gone through for their chosen carers – actress and drugs squad heavy respectively – and the contrasting warm up sessions of Rosie and her bodyguard preparing for the forthcoming sting operation.

The double cross at the end came out of the blue just when we thought it was all over.

Gnocchi anyone?

*A View From the Stalls*

## Jumpers For Rescued Battery Hens - Instructions

Materials;- Double knitting yarn (100g makes approximately 3 jumpers). 2 buttons each jumper  
1 pair No 8 (4mm) knitting needles 4mm crochet hook (optional).

Jumper knitted in stocking stitch with garter stitch borders

Cast on 41 sts.

Knit 4 rows straight.

Tab and button holes.

1. Cast on 10sts @ beginning of row. K14. P to last 4 sts. K4.

2. Cast on 10sts @ beginning of row. K to end

3. (K2. yf. K2tog) 3 times. K2. P33. K14.

4. (K2, yf. K2tog) 3 times. K to end.

5. Cast off 10sts. K3. P33.

K14.

6. Cast off 10sts.K3. K2tog. K to last 6 sts K2tog. K4.

Dec. 1 st at each end on every following 6th row until 25 sts remain, keeping edges in garter stitch.

Divide for neck.

Work 11 sts. cast off 3 sts work to end and complete this half first.

1. K to end

2. P1. P2tog twice P2. K4.

3. K to end

4. P1. P2tog. P2. K4.

5. K4. K2tog. K2.

Work next 4 rows straight.

10. P2. Inc in next st. K4.

11. K6. Inc in next st. K1.

12. P1. Inc in next 2sts P2.

K4.

13. K to end.

14. P7. K4.

Put these 11 sts onto holding pin.

Break yarn and rejoin to other side of neck.

Work to match, reversing shapings and ending at wing hole edge. That's row 13.

Next row K4. P7. Cast on

3sts then from the sts on holding pin P7.K4.

Now K4. Inc into next st. K to last 5sts. Inc in next st. K4

Inc. 1 st at each end of following 6th row until there are 41sts on needle.

Work 6 rows keeping to pattern

Knit 4 rows.

Cast off.

Sew on buttons. Work 1 row double crochet round neck edge if desired.

## Letter - Information Please!

Dear Residents

I am searching for information about the war memorial in our churchyard.

The bronze figure on top of the Portland stone base is 'signed' by Vernon March, who I know designed some major international memorial sculptures.

In my trawling of the net, I found information about the March family's major sculptures. I also came across an article, in the April 2011 edition of your Village Voice, about a talk given by Paul Rason to your local History Group in March 2011. I wondered if Mr Rason may be able to help me but I cannot

get in touch with him by phone as he is ex-directory. Would you possibly be able to assist me as to how I could contact Mr Rason, perhaps by this email being forwarded to him and he could get in touch with me if he so wished?

Regards  
*Ann Marshall*

## Local Author Helps Launch Oncology Dept.

BMI Chelsfield Park Hospital today officially announced the launch of its new look oncology department. The new first floor unit, in the Bromley hospital, will treat patients suffering from a range of cancers including breast, bowel, lung, pancreatic and blood cancers. The intimate opening was attended by BMI Chelsfield Park Hospital patient and author Pat MacVicar.

Pat, who is still undergoing treatment from the oncology team at the Hospital, was inspired to write a book after the idea for her book came

to her in a dream. "I never had a deep burning ambition to write a book, but my cancer and treatment made me acknowledge that what little time we have is finite. After the idea came to me in a dream I realised that I had a lot of time on my hands while I travelled to hospital for my treatment. Being able to do something productive and creative on the train meant that I wasn't wasting a single moment and that my children and grandchildren would have something to remember me by," Pat commented.

Two years after starting her treatment, Pat's first book *Newvolution*, a children's story about a young girl who discovers everyday animals have evolved into something extraordinary, is out in bookshops and available to buy on Amazon. The book was also illustrated by Pat's daughter Helen. "I never in my wildest dreams thought that I would be a published author. The thought of writing 37,000 words seemed so daunting but I took each chapter page by page and in the end I have been left with something that I can now look upon as my legacy.

Having Helen illustrate the book was something that made the experience all the more special and I hope that both adults and children alike will enjoy the story."

Pat was invited to launch the new oncology unit by BMI Chelsfield Park Hospital's Oncology Sister Karen Fuller. Speaking at the launch, where Pat was on hand to sign copies of her book, Karen commented, "Pat is truly an inspiration to everyone at Chelsfield Park. Her determination, fight and positive outlook on life are matched only by her imagination and creativity. Pat's story is one that is truly inspiring. Newvolution is gripping from start to

end. Asking one of our patients to open the new Oncology Department was important to us as Pat represents every-

thing we do on a daily basis. Pat and her family are truly inspiring and we hope that more people become aware of her story and the book she has so lovingly put, so much into. Newvolution is a fantastic read and deserves to be hugely successful."



Pat is planning to donate £1 from every book sold to Macmillan Cancer Support. Speaking on the launch of the new oncol-

ogy department and her plans for the future she commented, "I was delighted to officially unveil the new oncology department at Chelsfield Park Hospital. The team at the hospital really have been an invaluable resource throughout my treatment and without them I

wouldn't be here today. I hope that this book can go on to become a beacon to everyone who is suffering from cancer. My hope is that a major publisher will pick up the rights to the book or that a production company can turn it in to an animated film. If that could happen then we would be able to raise even more money for Macmillan Cancer Support. That would leave something that truly would be a legacy my children and I could be proud of."

To buy Newvolution, or find out more information about Pat please visit: <http://www.newvolution.co.uk/>

## Planet Watch - Venus, Mars and Saturn

Join members of Orpington Astronomical Society on 12 May 2012 to look at the planets other objects in the night sky.

Location: Nature Centre (BEECHE), High Elms Country Park BR6 7HJ

Time: 19:00 - 21:00  
Cost: Free

Join members of Orpington Astronomical Society for an observing evening.

- a short talk, followed by observing outside using a variety of different telescopes

- suitable for children

- please wear warm clothes, suitable foot-

wear and bring a torch. There will be a longer talk if the weather is bad.

The event is free but booking is essential as places are limited.

Please telephone 07833 624780

Event Organiser  
Orpington Astronomical Society  
Phone: 07833 624780

## Fox Cubs

This vixen had 6 cubs under our big beech tree a few years back. We could watch them from the dining room table. Great fun.....for a while until they started tearing everything apart, mashing the bluebells, pinching shoes and mobile phones, anything left around, pulling up the railway track etc. Got lots of photos and videos but have deterred them ever since. They



also got far too tame even to taking biscuits

from your fingers.

*Philip Lane*

## Orpington Man Part 2

After the polling stations closed their doors on the night of 14 March, all the ballot boxes were taken to the Civic Hall behind the council offices at Crofton Pound, alongside Orpington station, where the count took place over the next two hours under the glare of television lights and cameras. It was the first time they had ever been allowed into a count. The Returning Officer Stephen King, the Clerk of Orpington council, became concerned as the count progressed and excitement ran high. The TV cameras were showing clearly how the piles of votes for each candidate were growing and King feared this might be construed as a serious breach of a fundamental principle of our democratic process – secrecy – and prompt a Home Office inquiry. In the event, that did not happen.

When the final ballot paper was counted, Eric Lubbock had scooped 22,846 votes (52.9%) and Peter Goldman

14,991 (34.7%). The Labour candidate, Alan Jinkinson, garnered just 5350 votes (12.4%) and lost his deposit. A video clip of King announcing the sensational result can be seen on YouTube at

[http://www.youtube.com/watch?v=2BV\\_S9C5zeg](http://www.youtube.com/watch?v=2BV_S9C5zeg)

Lubbock was re-elected in 1964 and 1966, remaining MP for Orpington until 1970 when it reverted to its Tory origins. On losing the seat, Lubbock remarked: "In 1962 the wise, far-seeing people of Orpington elected me as their Member; in 1970 the fools threw me out." He became Lord Avebury in 1971, having inherited the title when his cousin died without a male heir, and continued his political career.

Subsequent Liberal efforts to rekindle the Liberal spark in Orpington had mixed results. Lubbock's then wife, Kina, Lady Avebury, stood at the general election in October 1974 and picked up more than 19,000 votes against the Tory

Ivor Stanbrook's 24,394.

The closest the party came to victory again was in 2001 when a new Orpington Man, Chris Maines, came within 270 votes of toppling the sitting Conservative MP, John Horam. It was his third of four unsuccessful attempts to repeat Lubbock's feat.

In many ways, Eric Lubbock was hardly the man of the people he was presented as when he took true-blue Orpington by storm, capturing the first London suburb for the Liberals since 1935. His family were landed gentry, he was educated in Canada and at Harrow, gained an engineering degree at Balliol College Oxford, where he won a boxing blue, served in the Welsh Guards and was heir-in-waiting to a peerage. But he has proved himself an active and able politician in both the Commons and the Lords, deeply committed to causes such as civil liberties, human rights and gipsy matters. These days, now aged 83, Lord Ave-

bury lives in Camberwell in south-east London, but he will be forever remembered in political history as Orpington Man.

Eric Lubbock was the figurehead of the by-election as Orpington Man, but Orpington Woman – Christine Parker – was the architect of his victory.

She had been active in the area for years. In 1954 she became a Liberal councillor on Orpington Urban District Council. In 1964-65 she served as chairman of the UDC, the council's final year before Orpington was incorporated into the London Borough of Bromley. As well as being Orpington's Liberal agent, Mrs Parker also served as a magistrate, a manager of a number of local schools and a lay member of

mental health tribunals. An active Quaker, she also founded the local branch of the Samaritans and as chairman of Orpington hospital management committee she helped raise money, together with a consultant, for the first laboratory in England to offer smear tests for cervical cancer. She died on 25 February 2011 at the age of 94. Her husband was John Parker, whom she married in 1940, and they had two daughters. He died in 2006.

Goldman left politics after his defeat at the hands of Orpington Man and in 1964 became director of the Consumers Association, perhaps best known for its magazine *Which?* His political skills, bolstered by 13 years' administrative experience at

Conservative Central Office, helped turn the CA into an effective campaigning organisation with strong international links. He also put it on a more commercial footing, taking it into book publishing and persuading it to embrace health and lifestyle issues. With the embarrassment of his drubbing in Orpington behind him, he acquired a reputation for wit and flamboyance, driving each day to his job as Britain's consumer champion in his Bentley. He died in 1987 at the age of 62.

This article first appeared in *Bromleag* the magazine of the Bromley Borough Local History Society.

*Reproduced by kind permission of Christine Hellicar*

## **Local History Group - 200 Years of Methodism in Chelsfield**

Wesley's frequent visits to Shoreham have been well documented but it is not believed that Wesley ever visited Chelsfield. The appointed Rectors, Fellows of All Souls Oxford, cannot have had much in common with

the bulk of the parishioners in the late 18th and early 19th centuries, most of whom were landless farm labourers, and it was during this time that Methodist meetings were established in this parish.

On 10 February 1812 a petition was addressed to the Archdeacon, asking for a certificate for a meeting at the dwelling house of John Emary in Chelsfield. An inscription which was scratched on the kitchen window of

# **CHELSEFIELD, WELL HILL AND DISTRICT PRODUCE SHOW**

**Saturday 1st September 2012**

**In Chelsfield Village Hall**



## **SCHEDULE AND RULES**

**Set up from 9.30am**

**Viewing from 2.00pm**

**Prize giving time to be announced on the day**

## Flower arrangements

1. An arrangement representing the Olympics, not to exceed 14". accessories allowed.
2. An arrangement of wild flowers, fruit and foliage, not to exceed 14".
3. ☺ An arrangement in a basket, not to exceed 9".
4. Men only: An arrangement in a tankard, foliage only.

## Flowers

5. 3 Dahlia blooms.
6. A cactus or succulent pot plant.
7. In a single vase the three stages of a rose bloom – the bud, the perfect bloom and a blown bloom.
8. 6 Fuchsia blooms on a sheet of A4 paper
9. ☺ A floating pansy head.
10. A vase of flowers from the open border.

## Vegetables

11. A tray of 3 kinds of vegetables – no more than 3 of each kind.
12. X2 A salad collection – any 3 of the following: 1 lettuce, 1 cucumber, 6 radishes, 6 Spring onions, 1 capsicum, 3 tomatoes – in a seed tray.
13. 5 Potatoes – one cultivar.
14. 3 Onions- tied & trimmed.
15. 5 medium to large tomatoes.
16. 5 carrots, untrimmed.
17. 7 Pods of runner beans.
18. 3 Courgettes.
19. 3 Beetroot, one variety, untrimmed.
20. 9 Pods of peas.
21. ☺ The ugliest vegetable.
22. A bucket of home produced compost.

## Fruit

23. 3 Dessert Apples- polished.
24. 3 Cooking Apples- unpolished.
25. 3 Pears.
26. A bowl of 3 types of fruit.
27. The longest stick of rhubarb.
28. A dish of wild fruit and nuts.

## Wine

29. A bottle of dry white table wine.
30. A bottle of sweet white table wine.
31. A bottle of dry red table wine.
32. A bottle of sweet red table wine.
33. A bottle of any other fruit wine.
34. A bottle of home made beer.

### Country Fare

- 35. 3 Chelsea buns.
- 36. 6 Meringue shells.
- 37. 5 Cheese scones.
- 38. Themed cake- The Diamond Jubilee – decoration only to be judged.
- 39. X2 Canterbury Tart - to given recipe.
- 40. 3 Individual custard tarts.
- 41. 5 Sausage rolls using homemade puff or flaky pastry.
- 42. 1 Jar of homemade mincemeat.
- 43. 1 Jar of sweet pickled onions.
- 44. ☺ Men only and children: 5 Crunch biscuits – recipe supplied.

### Photographs - All to be unmounted max size 8½ " x 6"

- 45. Clouds.
- 46. Moonlight.
- 47. Windows.
- 48. ☺ Family fun.

### Handicrafts

- 49. A Knitted or Crocheted item
- 50. An item or tapestry or embroidery (specify if using kit.)
- 51. An item machine or hand sewn
- 52. A watercolor of a country garden.
- 53. ☺ A bookmark – any medium.
- 54. ☺ Any craft or hobby (specify if using a kit).
- 55. ☺ A decorated plat pot – any medium - maximum pot diameter 4".
- 56. ☺ A still life –any medium.
- 57. ☺ Knit a jumper for a rescued battery hen – pattern provided.

### Miscellany

- 58. ☺ A matchbox (standard size) filled with real listed items starting with the letter O for Olympics.

**Classes marked X2 earn double points.**

**Classes marked with ☺ can be entered by adults or children. The children's entries will be judged separately in 4 age groups: under 5, 5-7, 8-11 and 12-18.**

### Additional schedules and enquiries

**Catherine Gandolfi 01689 831826**

**Chris Courtney 01959 535022**

**Also available on the Chelsfield Village Society pages of the Chelsfield Events web site  
[www.chelsfieldevents.co.uk](http://www.chelsfieldevents.co.uk)**

# The Cups & Trophies

**The KNOX-CUNNINGHAM Cup** – Awarded to the household with the highest number of points gained in adult sections.

**THE WELL HILL CUP** –Awarded to the household with the highest number of points in all classes

**KEN PICKERING CUP**- First awarded in 1996. This is awarded to the “best in show”

**TOM CASTLETON ROSE BOWL** – This is awarded to the garden judged to most enhance Chelsfield Village.

**ALLOTMENTS CUP**- First awarded in 1996. To be awarded to the individual with the highest number of points in the vegetable class.

**CHILDRENS’ CUP**- This is awarded to the child with the highest number of points in the Children’s’ classes.

**QUEEN ELIZABETH II GOLDEN JUBILEE PLATE** - This is awarded to the individual with the highest number of points not awarded the Knox-Cunningham or Well Hill Cup.

**WINE CLUB CUP** - First awarded in 1996. This is awarded to the individual with the highest number of points in the Wine Class

**COUNTRY FARE CUP** – This is awarded to the individual with the highest number of points in the Country Fare class.

**TRISS & JOHN COTTENDEN TROPHY** – First awarded in 2007. This is awarded to the individual with the highest number of points in the Flower classes.

## PROGRAMME

Staging: 9.30-11.00 a.m. Entries will not be accepted after 11.00 a.m.. Judging 11.30. Viewing 2.00p.m.

Prize Giving 3.00 p.m.

## RULES

1. Open to residents of Chelsfield, Well Hill and District.
2. 30p per entry. Children's classes free.
3. Competitors may submit more than one entry in each class, but can only win one prize per class. Children may submit entries in adult classes 30p per class.
4. Fruit, vegetables and flowers (except in classes 1-4 and 28 must be home-grown. Handicrafts, cookery and wine must be homemade. No item may have been exhibited at this show in previous years.
5. Winning entries will be awarded points as follows:
  - 1<sup>st</sup> prize: 3 points (red card) & prize (will vary according to class)
  - 2<sup>nd</sup> prize: 2 points (blue card) & prize (will vary according to class)
  - 3<sup>rd</sup> prize: 1 point (yellow card) & prize (will vary according to class)

Class 12 and 39 will merit double points for each prize. Handicraft classes and children's classes will be judged on individual merit.

6. Children and teenager classes will be judged in four age groups - up to 5, 5-7, 8-11 and 12-18.

The Knox Cunningham Cup will be awarded to the household with the highest number of points gained in all adult classes.

The Well Hill Cup will be awarded to the household with the highest number of points in all classes.

No household may win both cups.

Each entry must be accompanied by a 2" square of white paper (yellow for children, provided). On the back should be:

- a) Your name
- b) The class number of your entry

You will be given a competitor's number when you arrive, which must be written on the front of the square of paper.

Entries for the children's classes should show the child's age on the front of the square of paper.

Hewitts farmhouse in Chelsfield suggests that February 1812 was the date of the first Methodist meeting in the parish. It wasn't until Thomas Verrells came to Chelsfield, around 1840, that Methodism was more fully organised under his leadership, and a room taken in which to hold services. This room was situated in the cottage now known as Cross Hall Cottage, one of the tenements of Cross Hall. This ancient house in the centre of the village belonged to the Yates family, who were fervent Methodists. The erection of a purpose-built chapel in Chelsfield was a momentous step, in which Mr. William Beardsworth Fox of Fox's Brewery was closely involved. In a letter bound in with the Visitation return for 1876, Folliott Baugh attributed the rise of Methodism in Chelsfield to the agricultural labourers associating the established church with authority and oppression. Agricultural wages were high and the labourers could afford to

pay the chapel subscriptions. He went on to report "The Wesleyans four years ago bought a piece of land in the centre of the village and built a large and commodious Chapel, well warmed. Upon this, very many who used to attend Church irregularly went off altogether to the Chapel. As far as acts of kindness go, we make little if any difference between churchmen and dissenters". Such was the success of the village Chapel that in 1885 it was found necessary to enlarge it. The £250 required was soon raised. The general church accounts show a recurring income of some £14 a year derived from Pew Rents, which seems an odd feature of what was essentially an egalitarian, rural congregation. The rents were presumably charged for the comfortable pews in the middle of the church rather than the wooden benches at the sides. A new organ was dedicated in 1929. This instrument had been ac-

quired from Southwell Minster by Alexander Miller Hallett of Goddington in Chelsfield, and installed in that house. On the break-up of the Goddington estate, Mr. Miller Hallett offered the organ to the Methodist church. The organ was built by Bishop and Son and the antique carved oak case dating back to 1766 was made by Snitzler. The Band of Hope, a great Victorian institution, tried to influence children and to encourage the signing of a pledge not to take strong drink, and Methodists were particularly involved with this. Percival Bowen, a supporter of the Band of Hope, who would surely have been an abstainer, received this letter to him from Arthur Waring dated 4 April 1909 – "From what I hear, I am afraid that you are still far from well. When I had Influenza, Port Wine did me more good than anything else, and I now take the liberty of sending you a few bottles of very old Port (40 years) in fact from the same bin as I

had it – I should drink at least two glasses every day by way of medicine.”

At Chelsfield by 1884, a School Board was established, with some Non-conformist Managers - a move which meant that strife over the teaching of religion, evident in other parishes, was minimised. In Sevenoaks, for example, dissenters objected strongly to paying for Anglican and Roman Catholic teaching out of the rates.

Sunday School outings and treats were a great feature of all churches and chapels at a time when “the children of the labouring poor” had few pleasures. In August 1897 Alfred May of Broke Farm wrote to Percival

Bowen –  
“I am disappointed Children not going to Margate but I could give them a good tea at the Palace [presumably the Crystal Palace] and supply one horse van – will leave to you to arrange for 40 children and 10 teachers. Give them a good tea if it cost a shilling a head – not stale cake and rank butter. Sadly for many, the decision to abandon the Methodist church in the village was taken in the 1960s, and a new one, as up to date in its way as the old one had been in 1872, was built in the populous area near Chelsfield Station, where today a Minister is shared with Petts Wood Methodist church. The old chapel

remained empty and forlorn for some time until, rather ironically perhaps, it was bought by the landlord of the Five Bells next door, and by him converted to a dwelling house, with little change to its outward appearance. The little organ from Southwell Minster was dismantled and moved to the new building, where it is still in use, and the glass pane from Hewitts farmhouse was moved there too. It is fortunate we have at least a photograph of the glass, taken from the centenary history, because it was damaged by thieves who broke into the church and, among other things, stole the registers.

*With thanks to  
Geoff Copus*

## Churchyard Progress

Churchyard burial ground progress. Our change of use application notice is pinned up next to the footpath. We had to make two applications, one for the field, simple, the other to demolish that dreadful pig/horse shelter build-

ing in a Conservation Area. We hope that by the end of May or so we will have the permission and the field can be prepared. In the meantime, there is NO new burial space left in St Martin's churchyard. Only existing graves or ashes in-

terments is possible. After this field is ready we will have space for over a century. A sobering thought indeed. Do have a look at the cowslips on the lower grass. They are magnificent.

*Philip Lane*

## St Martin's Toddler Group



This month we will be celebrating 'new life'. On the craft table we will be making pictures of baby animals using recycled materials. There will be lots of glue and sticking taking place too. Towards the end of the month we will be planting Sunflower seeds. We also have playdough

each week, which the children enjoy playing with.

### May dates:-

Tuesday 15th May  
Tuesday 22nd May  
Tuesday 29<sup>th</sup> May

Please recommend the Group to anyone who

looks after children under school age. We look forward to welcoming them.

We meet in the Brass Crosby Room, 10.30am-12 noon, every Tuesday during term time.

Enquiries: Sarah: 01689 853415

## Freeview

A couple of months before the two stage switch off of the analogue television signal we bought a Freeview box. Using our existing loft aerial the reception of all

digital channels was fine. Now, after the analogue switch off, all stations are considerably worse. Sometimes we get a more stable signal from the transmitter at Sandy,

Bedfordshire! The signal strength is very good but the quality fluctuates wildly. What have other Freeview users found?

*Catherine Gandolfi*

## Complimentary Therapies at Chelsfield Park

### Hospital Physio Department Can Help You Unwind from the Stresses of Everyday Life

The physiotherapy department at BMI Chelsfield Park Hospital provide a personal, professional and highly skilled service that covers diagnosis, treatment and rehabilitation allowing you to recover faster return to your normal activities. "We deal with

patients who cover a broad spectrum of joint and soft tissue conditions, post-operative rehabilitation and sports injuries. We also have expertise in the field of respiratory conditions and incontinence,"

Chelsfield Park Hospital's Physiotherapy Manager Deborah Farr comments.

"We also understand the stresses and strains put on people in everyday life and have recently expanded our services to include complimentary therapies such as sports, reflexology and Indian head massage. These new treatments sit alongside our more traditional treatments to help aid wellbeing, reduce stress and enhance relaxation. These can help increase recovery but can also aid people as they go about their everyday lives."

Here Deborah gives a brief overview on the complimentary therapies available at Chelsfield Park Hospital:

### **Sports Massage**

Sports Massage is a deep treatment that loosens up tight muscles, breaks up adhesions in muscle fibres, and generally focuses

on restoring or maintaining the full functionality of your muscles. It can be used to aid recovery from injury or, if you were training for a marathon or endurance feat, as part of a long term training programme. Many people presume that sports massage is solely for sports people – it is not! Sports massage is of benefit to anybody, not just people who are particularly active. For those who don't play sports but perhaps work in an office environment, sitting in the same position for long periods, or carrying out repetitive tasks, sports massage is ideal.

### **Reflexology**

Reflexology is a complementary therapy in which the therapist uses a specialised movement to work over every part of each foot to relax you, endeavouring to clear any blockages and imbalances felt and help to relieve the effects of stress, head-

aches, back and shoulder aches, digestive problems and sleep disorders. Reflexology can leave you feeling relaxed after just one treatment and with a course of treatments, most people are left with a real sense of real well-being.

### **Indian Head Massage**

Indian head massage stimulates the nerves from the head area. This helps you to relax which, in turn, improves mental and physical health. It also increases circulation, exfoliates the scalp and nourishes the hair.

Indian head massage can help reduce stress and ease muscular aches and pains.

If you would like information on any of these treatments or are interested in booking an appointment please call Chelsfield Park's physiotherapy department on 01689

## Jumpers For Rescued Hens!

One of the classes in this year's Produce Show is for a knitted jumper for a rescued hen. Although battery cages are now abolished, hens kept in crowded barns still suffer stress and feather loss.

Several organisations are dedicated to re-housing these hens when they have no further commercial use. It takes some time for them to re-grow their feathers and during colder conditions they

would benefit from the jumpers.

All entries will be forwarded to a rescue organisation.

Get knitting!

## Kent County Council Mineral & Waste Sites

Kent County Council's Mineral and Waste sites consultation included an incinerator by Hewitts Roundabout. Kent County Council refer to this as "Site 104 Land Between Orpington Bypass and the M25". We have all worked hard to show Kent County Council how inappropriate the site is. There has been some confusion as to the actual status of this site. It has not been withdrawn. To be withdrawn, the owners of the site would need to withdraw it. In that case it would not be considered again. Kent County Council would like us to use the correct term which is "Not Allocated".

At a meeting with Kent County Council planning policy officers, it was explained to Shoreham Parish Council that the three

proposed sites in Shoreham parish have not been selected as preferred options.

The three sites are:-  
Site 5 Filston Lane  
Site 8 Chelsfield Ammunition Depot and  
Site 104 Land Between Orpington Bypass and the M25.

In the forthcoming consultation on the mineral sites plan and waste sites plan at 'preferred options' stage, which is due to commence on the 28th May, these three sites will be shown as 'Not Allocated'. The reasons for their non allocation will be summarised in the main consultation document with further details available in the evidence base documents that will also be available at that time.

There is still the possibility that the owners could challenge the "Not Allocated" status. As Kent County Council has all the sites it needs, the owners would need to show why their site was better than an "allocated" site. That is, they would need to swap sites. This is unlikely to happen before the next consultation that starts at the end of May.

There is also the possibility that the owners could ask for their sites to be reconsidered when Kent's plans are rigorously checked by a planning inspector in 2014 in a process known as Examination in Public.

We have won the first battle but we need to be alert for developments until 2014.

## Recipes for the 2012 Produce Show

### Crunch Biscuits

#### *Ingredients*

100g Soft margarine  
50 g Sugar  
100g Self-raising flour  
100g Oats  
2 teaspoons of Syrup  
(tip: warm the syrup for easier measuring)

#### *Method*

Set the oven to gas mark 6, 180 C  
Cream the sugar and margarine together until soft dropping consistency  
Add flour, oats, and syrup stir well; the mixture should be a fairly stiff consistency.  
Roll into small balls, the size of a walnut  
Place well apart on a greased baking tray.  
Bake in a pre-heated oven  
Cook for approximately 10 minutes or until light golden brown.

### Canterbury Tart

#### *Ingredients*

|                             |  |
|-----------------------------|--|
| For the pastry              | For the filling  |
| 100g/4oz butter, cubed      | 4 eggs   |
| 200g/8oz plain flour        | 200g/8oz caster sugar                                      |
| 25g/1oz icing sugar, sifted | 2 lemons, rind and juice only, grated                      |
| 1 egg, beaten               | 100g/4oz butter, melted                                    |
|                             | 2 large Bramley apples (about 350g/12oz in weight), peeled |
|                             | 2 dessert apples, peeled and thinly sliced                 |
|                             | 25g/1oz Demerara sugar                                     |

#### *Method*

##### **Pastry**

Rub the butter into the flour and icing sugar until it resembles fine breadcrumbs.  
Stir in the beaten egg and bring together to form a dough. This can also be done in a food processor.  
Chill for about 30 minutes. Roll the dough out on a floured surface and line a round 28cm/11in (3.5cm/1½in deep) flan tin.

We would like to thank

**CHELSFIELD PARK HOSPITAL** for their sponsorship printing the Chelsfield Village Voice



Form a lip around the edge

Chill for a further 30 minutes while making the filling.

Preheat the oven to 200C/400F/Gas 6

**To make the filling**, beat the eggs, caster sugar, lemon rind and juice together in a large mixing bowl.

Stir in the warm melted butter.

Coarsely grate the Bramley apples directly into the mixture and mix well.

Remove the tart from the fridge and spread the runny lemon mixture over the base.

Level the surface with the back of a spoon and arrange the dessert apple slices around the edge, overlapping.

Sprinkle over the Demerara sugar.

Put on a heavy baking tray and bake in the oven for about 40-50 minutes until the centre feels firm to the touch and the apples are tinged brown.

## USEFUL CONTACT NUMBERS

### **Bromley Council**

Main switchboard:

020 8464 3333

E-mail:

[csc@bromley.gov.uk](mailto:csc@bromley.gov.uk)

Opening hours Monday to Friday 8.30am to 5.30pm

Address: Civic Centre,  
Stockwell Close, Bromley, BR1 3UH

### **Reporting Problems to the Council**

Can be reported via the CVS website, or if urgent by phone out of hours Emergency Duty Team 020 8464 4848.

### **Mobile Library**

The mobile library stops outside Chelsfield Village School on Tuesdays between 11:15 and 11:45.

### **BMI**

#### **Chelsfield Park Hospital**

Main Reception

01689 877855

Helpline

0845 6032932

Physiotherapy

01689 885914

#### **Councillors**

Julian Grainger

01689 889392

[julian.grainger@bromley.gov.uk](mailto:julian.grainger@bromley.gov.uk)

Samaris Huntington-Thresher

020 8464 3333

[samaris.huntington-thresher@bromley.gov.uk](mailto:samaris.huntington-thresher@bromley.gov.uk)

Russell Jackson

[russell.jackson@bromley.gov.uk](mailto:russell.jackson@bromley.gov.uk)

### **Chelsfield Village Society**

[cvscontact@gmail.com](mailto:cvscontact@gmail.com)

### **Chelsfield Village Voice**

[villagevoice@chelsfield.org](mailto:villagevoice@chelsfield.org)

### **Chelsfield Primary School**

01689 825827

BT Line Faults 0800 800151

Electrical Power Failure (EDF)  
08007838866

Thames Water Emergencies  
0845 9200800

Transco Gas Emergency Service 0800 111999

Orpington Police Station 1000-1800 Monday-Saturday 0300 1231212

Samaritans 01689 833000

NHS Direct 0845 4647

Safer Neighbourhood Team 020 8721 2605

### **Chelsfield Village Hall** (bookings)

01689 855617

### **Village Neighbourhood Watch**

Contact

John Leach 07711304965



## DATES FOR YOUR DIARY

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### WEEKLY EVENTS

#### EVERY MONDAY

Chelsfield Methodist Hall  
Windsor Drive  
**Iyengar Yoga Classes**  
9.30am-11.00am  
Suitable for Beginners  
Contact Denise on  
01689 853215

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#### EVERY MONDAY

Five Bells  
**All You Can Eat  
Curry Night**  
from 9.00pm

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#### EVERY TUESDAY

Brass Crosby Room  
**St Martin's Toddler  
Group**  
10.30am-12.00 midday  
Contact Sarah Ford:  
01689 853415

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#### EVERY TUESDAY

Outside the Village School  
**Mobile Library**  
11.15am-11.45am

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#### EVERY TUESDAY

Five Bells  
**Charity Quiz Night**  
from 9.00pm

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#### EVERY WEDNESDAY

**Hatha Yoga  
Classes**  
10.30am-12.00am  
Contact Pam Keeper on  
01732 458930

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#### EVERY THURSDAY

St Martin of Tours Church  
**Viva Acappella**  
Ladies Barbershop Chorus  
Practice  
Contact Helen  
07984 961696

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### SPECIAL EVENTS

**Wednesday 16th May**  
The Five Bells

#### **Open Mic Night**

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**Thursday 17th May**  
(3rd Thursday each month)  
Brass Crosby Room  
**Local History Group**  
10.15am-12.00

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**Saturday 26th May**  
The Rectory Gardens  
**Church Fete**  
from 12.30pm

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**Saturday 26th May**  
The Five Bells  
**Mighty 45's Night**  
3 Singers performing  
45 minutes each  
Starts 8.30pm

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**Wednesday 30th May**  
The Five Bells

#### **Open Mic Night**

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**Sunday 3rd June**  
The Rectory Gardens  
**THE BIG LUNCH**  
for the Queens Jubilee

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#### **Wednesday 6th June**

(1st Wednesday each Month)  
Orpington Village Hall  
**Country Market**  
For more information call  
07771 502739

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#### **Wednesday 6th June**

(1st & 3rd Wednesdays)  
Parish Room-Skibbs Lane  
**Internet Cafe & Local  
History Transcription**  
2.30-4.30pm

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#### **Wednesday 20th June**

(1st & 3rd Wednesdays)  
Parish Room-Skibbs Lane  
**Internet Cafe & Local  
History Transcription**  
2.30-4.30pm

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**Saturday 30th June**  
Hollybeech Cottage

#### **Garden Railway**

Details to be confirmed -  
Contact Phil 01689 858634

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#### **Saturday 14th July**

Chelsfield Cricket Ground  
**Village Fair**  
from Mid-day

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**Sunday 29th June**  
Hollybeech Cottage

#### **Garden Railway**

Details to be confirmed -  
Contact Phil 01689 858634