



May 2021

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The Newsletter and "What's On" Guide for
Residents & Friends of Chelsfield Village

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We're opening our garden on 23rd May for the first time since 2019 due to Covid.

We will be strictly adhering to Government guidelines, plus more.

It's a large garden with plenty of space for distancing and refreshments will be provided on paper disposable cups and plates. There is a large amount of seating which will be sensibly spaced and health and safety will be our prime concern. In spite of this, we are determined that everyone will have a relaxed and enjoyable time.

12 The Meadows Chelsfield BR6 6HS
Open 11am - 5.30pm

Bookings may be made in advance here:

<https://bookings.ngs.org.uk/book/02fe5694-f019-eb11-80f7-00155d9dea00/>

Monday 17th May, and we reach the next stage easing Lockdown. Already groups are starting to plan restarts and events. We hope it all runs smoothly.

Please share with us your plans, stories and experiences.

Submit anything for inclusion in the June 2021 issue to:

chelsfieldvillagevoice@gmail.com
or post to:

Chelsfield Village Voice
2 Bucks Cross Cottages
Chelsfield Village
BR6 7RN

to arrive on or before
Friday 28th May 2021

Little Egret

In the March edition of the Village Voice I mentioned that a week had been set aside in February by the Council for the preservation of Rural England to ask members of the public to try and count as many stars within the main outline of the constellation Orion.

Following the results being collated it seems that during this Covid year the night skies have been suffering less from light pollution than in previous years. Having driven late at night recently I have myself noticed that the roads are pretty empty. This reduction in activity at night seems to have led to fewer unneeded lights and better views of the night sky: all for it!

Another matter I noted while writing this piece was that, like last year, a wren is building a nest in the blue tit box that is attached to my shed on the allotment. If it's the same bird I can only hope that she has learnt some lessons from last year when she built the nesting material so high

that the young chicks were able to leave the nest before they were ready and at least one met its grizzly end in this way. Over winter I emptied the box of any old nesting material to ensure she does not simply build on the previous nest.

Island in Dorset in 1996, and has been moving northwards ever since. It was recorded as breeding in Berkshire for the first time in 2007. Once a very rare visitor from the Mediterranean, little egrets are now a common sight around the coasts of southern



This month I want to talk about a bird that is relatively new to Britain but is becoming well established: probably due to the influence of global warming. It's the Little egret (*Egretta garzetta*) which first nested on Brownsea

England and Wales but also on inland rivers as they expand their range. Indeed it was on the river Darent in Shoreham that I saw one of these birds during a 'lock-down' walk in March this year. Prior to 1957 only 23 little-egrets had ever

been recorded in Britain but the RSPB now claims that around 700 pairs breed in the UK while the winter population is substantially larger which would explain my good fortune in seeing one of these birds. This bird is very easily noticed as it is a small stunningly white (no attempt at camouflage!) member of the heron family and likewise feeds on small fish and crustaceans. The distinction between species of heron and egrets is rather vague, and depends more on appearance than biology. The word "egret" comes from the French word *aigrette* that means both "silver heron" and "brush", referring to the long, showy feathers that cascade down the egret's back during the breeding season. These long neck plumes were once more valuable than gold and were even smuggled into Europe during the 19th century. In the 19th and early part of the 20th centuries, some of the world's egret species were endangered by relentless plume hunting since milliners in Europe and the United States demanded large numbers of egret plumes

for fashionable hats leading to breeding birds being killed in many places around the world. As a result, little egret populations plummeted until laws were put in place to protect them. Such was the demand for feathers in fashion at the end of the 19th century that one observer in New York identified the feathers of 40 bird species on the hats of 700 women. The general name used for such feathers was 'osprey' although only a minority came from those birds. Little egrets were even farmed as the feathers could be sold for the equivalent of about £900 an ounce. However the main source of feathers was from the wild and the wide estimate of birds killed ranges from between 5 and 200 million. Indeed it has been estimated that 1 kg of feathers would require the killing of almost 1000 little egrets.

The response to this carnage was the initiation in 1889 of a society of women from Manchester whose goal was to induce women to unite against the destruction of bird life for merely decorative

purposes. A kind of early version of the anti-fur campaigns that were for the most part successful some decades ago. However, the society started by those women, 15 years later received a royal warrant and became known as the Royal Society for the Protection of Birds (RSPB) and has never looked back. So these birds could be said to be one of the species that were instrumental in shaping the course of bird conservation not only in Britain but the world. Legal suppression of the plume trade followed in 1920 although an illegal trade continued for some time. Now, without the plundering of the birds for their plumage, they are making a come-back and even conquering new ground as they move further north into Britain.

So, maybe we in Britain have gained something positive at last from global warming with the arrival of this very noticeable bird.

Steve Fuller May 2021

Mutterings From The Millers

Where is the rain when you need it? Having only had 8ml of rain so far (28th April) the crops are suffering and although we have had some warmer days, the cold nights are not helping. Cracks are starting to appear in the ground although I sometimes wonder about in me too. The winter wheat and barley are a good two to three weeks behind where they should be. The dry and the cold winds are really having a big affect on prospects for a small crop this year, still there is time for mother nature to sort itself out and have some warm summer rain, we live in hope. On a more

cheerful note, the spring oats are doing well as they were only planted last month as you can see from the photograph.

With our section of Warren Road closed, the boys have been able to cut back the over hanging trees, you will see a huge difference as you come off the new roundabout into Warren Road towards the station, a lot safer.

We have to apply for our subsidy in April/May but this year there has been a 5% reduction an next year a further 20% steadily going down to zero in five years. The way the system will work now is

that we will receive payments for environmental benefits that we make to the farm. Some of these we are already doing ie direct drilling, hedge cutting every 3/4 years but we will learn what other things we will have to do later.

Although we have been direct drilling for 5 years now, we are still learning so much about how nutrients are being made available to the plants. We have discovered that nitrogen is not readily available for the plants because the soil isn't being so disturbed by the plough. The roots of the plants find it more difficult to get at the nutrients especially during dry conditions. We would prefer to fertilise in later September but under the Nitrate Venerable Zone rules we are not allowed to use bagged nitrogen 1st September until 1st February.

We haven't had a problem with slugs so far this year but the rabbits have been busy! Spring is definitely here with the hedgerows bursting with



blossom. The cowslips are looking a bit short but perhaps they need a rain too. Have had reports from other residents of sightings of swallows but sorry to report that at the moment we only have two. The blue tits have nested in the bird box, wren in the log store by the back door, sparrows in the garden and a robin in the front porch. Pied wagtails in the yard too.

Thrilled to see a blackcap and a linnet from the kitchen window in the larch tree, birds certainly do love that tree.

If you had frogspawn in your pond, where was it? A different weather saying for this month:

The early appearance of frogspawn indicates a mild spring and early summer, suitable weather for tadpoles. The position

of the frogspawn on a pond is also significant. If the spawn is in a sheltered spot near the edge, a wet and windy spring is expected. If it is out in the middle, it indicates a dry spring and early summer. It appears that frogs choose deep water for safety when they sense impending drought.

*Chris Miller
Court Lodge Farm*

A Thank You From The Five Bells

We would like to thank all our customers and friends for their continued support, we have found it amazing over these last two very cold weeks that all you wonderful people have come out, and whilst we know you like a pint or two, we also know you're making the effort to support us. It makes us think what a wonderful village we live in and aren't we lucky to have you all. Our opening hours remain 12 noon to 7.30pm every day with the restaurant open 12 - 2.30 daily, except Sundays where we

are open 12 - 4pm. Don't forget we do have a bar menu available whenever we're open and are serving takeaway Fish & Chips from 5 - 7pm on Fridays and roast lunches on Sundays, just give us a call and we can arrange a time for collection.

We can't wait until, all being well, we open up again indoors on Monday 17th May when our opening hours will change again, please check our website and Facebook.

Again many thanks for you

good wishes and never ending support, it is greatly appreciated.

*Kay & Ade
The Five Bells*



Advance Warning - Power Cut

UK Power Networks are warning of a planned power cut on Thursday 13th May between approximately 09.30 and

15.30. This is necessary to replace decaying electricity poles and upgrading cables in Maypole Road.

The power cut may be limited to Maypole Road area, but if your power goes off at this time you now know the reason.

News From St Martin's



Your Parish Church



*St Martin's worships and serves a loving God,
reaching out to the community in the name of Jesus Christ*

We are open for services but in the current situation this schedule is very much subject to change, potentially at short notice. Please watch the church website for updates (see link at bottom of page). All services led by Rev Susan Atkinson-Jones unless otherwise stated.

St Martin's

Sun 2 May	10.00am	Family Communion
Wed 5 May	9.30am	Holy Communion (BCP)
Sun 9 May	10.00am	Family Worship – led by Reader Les Jackson
Wed 12 May	9.30am	Holy Communion (BCP)
Thu 13 May	7.30pm	Benefice Communion Service for Ascension Day at St Martin's
Sun 16 May	10.00am	Family Communion – led by Rev David Graham
Wed 19 May	9.30am	Holy Communion (BCP)
Sun 23 May	10.00am	Family Communion for Pentecost / Whit Sunday
Wed 26 May	9.30am	Holy Communion (BCP)
Sun 30 May	10.00am	Family Worship for Trinity Sunday – led by Reader Ken l'Anson

Well Hill – outdoors*

Sun 9 May	9.45am	Ministry of the Word - led by Reader Ken l'Anson
Sun 30 May	9.45am	Holy Communion (BCP)

* Services at Well Hill are weather-dependent and have limited capacity – for more information please contact Anne Ireland on 07767 783189 / anneireland@icloud.com

As this is still a changing situation it's important that we look out for one another. Please let Rev Susan know of anyone who is ill or in distress, or if you need prayer or spiritual support, or are lonely and just need a short chat please phone 01689 857763.

For more information on St Martin's please visit our website and Facebook page, or search for @ChelsfieldStMartins on Twitter and Instagram

www.stmartinchelsfield.org.uk



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View



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St Martin's Church - Rector's Last Service

Our Rector, Rev John Tranter, has held his last services in the Church, and at Well Hill Mission.



He will now retire with Janet to Shropshire. His retirement was originally scheduled for last summer, but like so many other aspects of life it was derailed by Covid.

John was installed into the Parish in March 2014 by the Bishop of Rochester. During his time at St Martin's he settled in well with us and took part in all that went on in the Church, also supporting events in the Village. Similarly Janet has been a constant

support to John and the church and will be equally missed.

It is often said that adversity can bring out the best in people and John certainly rose to the challenges of the last year, recording services in various places around the Churchyard. At some he even had an informal congregation (you know who you are!). People from around the world were seen to have logged in to his only service – never before has the reach of St Martin's extended so far.

His last Sunday service was attended by fifty people, all done with the appropriate Covid-safe distancing in place, and was a very enjoyable time. What could not happen, of course, was a proper send-off (which requires wine and nibbles, at least as far as the writer is concerned). Therefore it has been agreed that he will return, provisionally on 4th July, take a service in Church and then we will give him a proper send off. Please put that date in your diaries. The date has

been set in anticipation of the Covid restrictions having been sufficiently relaxed to allow us to have a proper 'do'. If that is not the case then we shall look to reschedule the event.

In the meantime, all at St Martin's are sorry to be losing John and Janet and we wish them a safe move and a long, happy and healthy retirement. They will move away late in May.

Looking forward, on 1st June a new arrangement will come into being whereby St Martin's will link with St Mary's and All Souls to become a Joint Benefice, snappily called the 'Benefice of Chelsfield with Green St Green and Pratts Bottom'. The Benefice will be led by Rev Susan Atkinson-Jones, who was recruited with this in mind and is currently Vicar of Green St Green and Pratts Bottom. She will be renamed Rector. An Associate Rector is to be recruited to assist her and will live in the current Rectory in Skibbs Lane.

Steve McCann

Warning of Wide Load Through Village

WIDE LOAD

We will be moving a wide load through the village on the Wednesday 12th of May. There will be a police escort and will be travelling through the village by 07.00am.

I would like to very politely ask everyone that parks along Church Road

by The Five Bells and Bucks Cross Road, opposite the village hall entrance and old bus shelter, to please find alternative parking between 05.00am and 07.00am on the 12th of May.

I apologise for the

inconvenience.

*Jessie Reid,
Owen Farm*

Note to Residents:

Kay and Ade have kindly offered to make the Five Bells pub parking spaces available for residents to park from 7.30pm on Tuesday 11th May.

Annual Plant Sale



Halstead Horticultural Society will be holding their

Annual Plant Sale

on **Saturday 8th May**
from **9.30am - 12.00 Noon**

at **Halstead Village Hall**
(This will be held outdoors in the car park)

Curry Wood Nursery will be selling a range of bedding plants and Vegetable plants will be available to buy.

Chelsfield's Casualties of World War II

It has been a while since I wrote about any of the servicemen who appear on our war memorial in the church porch, and this is

because none of the casualties in World War II that we have information on died in that period 80 years ago. However, this

month we commemorate three, one from the First World War and two from the Second.

DAVID & ROY WATERS father and son

Although David Waters is remembered in the names listed for the First World War, I realised as I researched his son Roy that I hadn't published the article I'd written about David for the hundredth anniversary of his death. This is partly because he died on 15th April 1919, five months after the war had ended, and I had moved on to other things. As his son now appears in the casualty list for World War II, it's fitting that we remember them together.

David Waters was a Stoker 1st class in the Royal Navy (SS/113763), aged 30 when he died, and the cause of death was given as 'Illness'. He was buried at Bromley (Plaistow) Cemetery and, even though he died after the war was over and not from injuries sustained in conflict, his service was such that he was honoured with an official Commonwealth War Graves Commission [CWGC] headstone and remembered on our memorial. David was the husband of Eleanor, and her address is given as "Roselyn", Crown Road, in the CWGC records. In the 1911 census, David and Eleanor are living with her

mother Susan and her brother, Harold, in Crown Road, Chelsfield. The census records that David is an agent for Singer sewing machines and they had been married for less than a year. Sadly this brother Harold is another of the WWI casualties on our war memorial, I wrote about him in October 2018.

David joined the Royal Navy in March 1913, so before war broke out, and at that point gives his previous occupation as 'gardener'. He served on HMS Pembroke II, King Edward VII and Abdiel, all of which saw active service in WWI. He joined Abdiel as soon as she was commissioned on 26th March 1916, and the ship was sent to join the Grand Fleet which was based at Scapa Flow in the Orkneys. While Waters was part of the crew Abdiel carried out night-time minelaying missions in the Heliogoland Bight and off Horns Reef and took part in the Grand Fleet at the Battle of Jutland on 31st May/1st June 1916. From his naval record it appears David was invalided home in May 1917 which is why he is buried in Bromley. Roy David Waters was born 18th March 1919, and his father died a month later, which must have been extremely difficult for

Eleanor as she'd lost her brother the previous October.

By 1939 Eleanor and Roy are still living at "Roselyn", Crown Road, with a Reginald D Waters, aged 27, presumably Roy's elder brother (the 1939 Register doesn't list family relationship). Roy is listed as being a builder's labourer, but at the outbreak of war he followed his father into the Royal Navy and was an Able Seaman on HMS Voltaire, service number P/JX 167568. Roy David Waters died at sea on 9th April 1941 aged 22, while serving on the Voltaire. The passenger ship Voltaire of the Lamport & Holt Ltd, Liverpool had been requisitioned by the Admiralty at the start of the war and converted to an armed merchant cruiser. On 4th April 1941 she was on isolated patrol in the central Atlantic, about 900 nautical miles west of the Cape Verde Islands: at 0615 hrs she was spotted by the lookouts of the German raider Thor and the ships headed for each other. At 0645 hrs the opponents opened fire and by 0649 hrs Voltaire was ablaze, by 0715 hrs only 2 guns remained in action and by 0800 hrs she hoisted a white flag, sinking shortly afterwards

by the stern with a heavy port list. The records list 75 dead and 197 survivors rescued by the Germans. Five days elapse from the engagement to the recorded date of Roy's death, so perhaps he was rescued but died of his injuries. On the other hand, his name is included in a record set headed 'Admiralty Enquiries into Missing Personnel', so it may be that the date of death was only made official once no body had been found, and he went down with the ship. Roy is also remembered on the Portsmouth Naval Memorial.

Although this is the story of the only father and son on our memorial, it brings into focus the wives and mothers of the people who died, through thinking about what the impact must have been on Eleanor Waters who lost her husband, brother and one son to military conflict. She never remarried and lived in Crown Road until her death in 1970.

JACK ARTHUR BALDING

Finding out any information about Jack Arthur Balding could have been a challenge because although there is only one person with that name on

the Commonwealth War Graves database, there is no personal information attached to it. Fortunately, I came across this excerpt in the parish magazine of July 1941:

Deep sympathy is felt with Mr. and Mrs. Balding, who have lately come to live in Highways, in the loss of their son, Lieut. Jack Arthur Balding, who has been killed in action in the Near East. He had been a keen church-worker at Lewisham.

From this I established that the Jack Arthur Balding on the CWGC record was almost certainly this couple's son, and that is why he is on our memorial. He was a 2nd Lieutenant in the Durham Light Infantry, service number 190303, and he died on 15th May 1941 aged 22. He is listed on the War Office Casualty Branch daily report of 6th June 1941 as having been killed in action on 15th May. At this point his battalion was involved in 'Operation Brevity' on the Egypt-Libya border, and on the 15th May they were fighting Italian forces and trying to take the strategically-important Halfaya Pass as it was a good supply route. The fighting was so fierce that one company within

the Durham Light Infantry were completely wiped in that one day. Jack has no known grave but is remembered on the Alamein Memorial in Egypt.

The CWGC website explains 'The campaign in the Western Desert was fought between the Commonwealth forces...all based in Egypt, and the Axis forces (German and Italian) based in Libya. The battlefield, across which the fighting surged back and forth between 1940 and 1942, was the 1,000 kilometres of desert between Alexandria in Egypt and Benghazi in Libya. It was a campaign of manoeuvre and movement, the objectives being the control of the Mediterranean, the link with the east through the Suez Canal, the Middle East oil supplies and the supply route to Russia through Persia. The ALAMEIN MEMORIAL forms the entrance to Alamein War Cemetery. The Land Forces panels commemorate more than 8,500 soldiers of the Commonwealth who died in the campaigns in Egypt and Libya, and in the operations of the Eighth Army in Tunisia up to 19 February 1943, who have no known grave. It also

commemorates those who served and died in Syria, Lebanon, Iraq and Persia.'

According to the Army Roll of Honour Jack Balding was born in South East London, and on the 1939 Register he is living in Horn Park Lane, Woolwich with his mother Harriet and

sister Dorothy and gives his occupation as 'political organiser' which is interesting. Perhaps he might have ended up a well-known London politician if his life had not been cut short.

Philippa Rooke

Durham Light Infantry cap badge



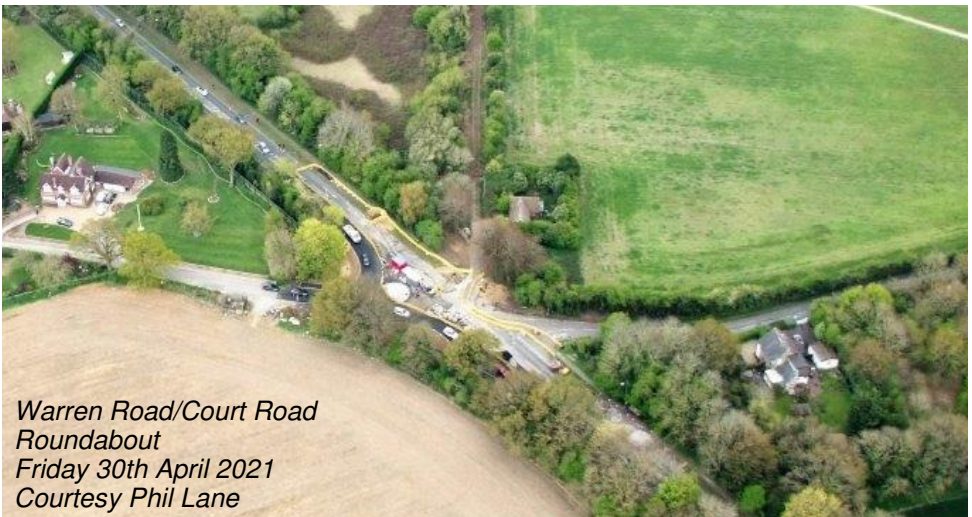
In other war news here is a snippet from the parish magazine of May 1941:

H. W. MACKAY.

PARCELS FOR PRISONERS OF WAR.

Two Chelsfield men are prisoners in Germany, William Whitehead and Jim Heath. For some time a monthly parcel has been sent to each, the cost being subscribed by Chelsfield people. Clothing has also been sent. Mrs. Loraine is Treasurer, and Mrs. Stewart-Moore and Mr. G. K. Baker are serving on the Committee. Additional donors of a weekly sum would be welcomed, and a collector for Cray Lane district. Mr. H. Parkes has given invaluable help in the collection, as did Mrs. Matthews, Woodlands, before she left the district for the time being.

Progress With The Roundabout



*Warren Road/Court Road Roundabout
Friday 30th April 2021
Courtesy Phil Lane*

Election of a Churchwarden



NOTICE OF AN EXTRAORDINARY VESTRY MEETING FOR THE ELECTION OF A CHURCHWARDEN in the Parish of

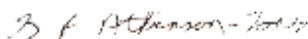
ST. MARTIN OF TOURS, CHELSFIELD

An Extraordinary Vestry Meeting for the election of a churchwarden will be held ONLINE via ZOOM on the 20th day of May, 2021 at 7.30pm

This meeting may be attended by:

1. All persons whose names are entered on the church electoral roll of the parish, AND
2. All persons resident in the parish whose names are entered on a register of local government electors by reason of such residence

In this Notice "parish" means an ecclesiastical parish.

A handwritten signature in black ink, appearing to read 'Susan Atkinson-Jones'.

Signed: The Reverend Susan Atkinson-Jones

Minister of the Parish of St. Martin of Tours, Chelsfield

**The Zoom link may be obtained from the church website,
[http://www.stmartinchelsfield.org.uk/contact us/PCC Secretary](http://www.stmartinchelsfield.org.uk/contact-us/PCC-Secretary)**

The Toddlers Group to Reopen



St Martin's Toddler Group

December 2020



Dear Parents, Grandparents and Carers,

I am happy to say that all the volunteers who help to run Toddler Group are ready and willing to open again in September when the new school year begins if we are not in another lockdown situation.

Stay Safe Everyone,

Toddler Volunteers:
Jenny, Peter, Mary, Mo, Val and Anne.

Contact Details:

Toddler Group Leader - Jenny Wood 07752 678345

Email: smartinstoddlers@gmail.com

Textiles Group Start Up

New Regular Textiles Group starting in our Village Hall

We are a textiles art group who have been meeting together for the last ten years to stitch and create all sorts of things in the varied world of textile art.

We are a very relaxed and sociable group who happily share techniques and ideas. We occasionally also have workshops with visiting tutors who are renowned in their field of work. These are always fun and very inspirational.

I am delighted to say that from this July, Chelsfield Village Hall will be our new home. We always meet on the first Friday of

every month throughout the year, from 10am-3pm, and welcome new members. If you would like to meet us first and see some of our work please come along and join us for a day as our

guest.

For more information please contact:

Valerie Broom
01689 820953
vnbroom@ntlworld.com



Halstead & District Horticultural Society Events

- | | |
|---|--|
| Sat May 8th 09.30-12.00 | Plant Sale (Halstead Village Hall) |
| Fri May 14th 10.30hrs | Riverhill Himalayan Gardens Sevenoaks
Outing by own transport |
| Thurs June 24th
Staging 19.45 - 20.10hrs | Summer Show Halstead Village Hall |
| Wednesday July 7th | Brogdale Fruit Collections Faversham
Outing by own transport |

Cake Sale

There will be a sale of homemade cakes, plus some other produce, at St Martin's Church at 11am on Sunday 23rd May. It will

take place on the lawn by the car park.

The money raised will be sent to Christian Aid, one of

the main charities supported by St Martin's. All are welcome.

Jackie McCann

Why Not Receive Your Village Voice by Email

The quickest way to receive your Chelsfield Village Voice is to have it emailed to you.

Three useful advantages of having it online are (1) You will receive it several days before the printed version gets distributed, (2) The colour and definition of photographs is very superior, and (3), Links and email addresses can just be copied and pasted, avoiding

the longwinded task of reading and typing in on your computer.

If you wish to have your monthly copy online please email:

chelsfieldvillagevoice@gmail.com

and you will added to the mailing list.

The mailing list is not shared with any other person, group

or organization. You will only receive two communications a month (unless some urgent matter should come to light?), (1), a reminder to submit any copy for inclusion in the forthcoming issue. This will be around the last week of each month, and (2), your copy on Chelsfield Village Voice.

Dan Sloan

Experimenting with Fermented Food

Have you tried Kimchi? A pre lockdown family visit to a Korean restaurant was the first time that I tasted Kimchi (fermented cabbage and other vegetables), and found that I rather liked the sour flavour of the lacto-fermented vegetables. Lockdown seemed an ideal time to try this and I found that it was easier than I had imagined.

The benefits come from the lactic acid bacteria that helps in digestion and, according to some researchers, boosts

immunity. In addition, the vegetables used can be sources of vitamin C, antioxidants and high in fibre. Other published benefits of using fermented foods in your diet are: That it contains healthy bacteria and probiotics It slows down the aging process

There are so many recipes, some unnecessarily complex, but I have found this simple one satisfactory. I did try including Beetroot in the first batch, but found that the kitchen looked like a

crime scene afterwards.
650g Cabbage
250g Carrot
1 onion (optional)
1 litre of water, ideally this should be boiled to remove the chlorine, then left to cool before adding the salt and mixing to dissolve. I have heard that chlorine can inhibit the fermentation process.
1 and a half tablespoons of salt
Plus your favourite flavourings, mine are:
2 or 3 cloves of garlic finely chopped
1 heaped teaspoon of

turmeric
 1 or 2 teaspoons of chilli
 paste
 1 tablespoon of fresh finely
 chopped ginger



I would only use a selection of these at any one time. My favourites are chilli and ginger. Finely chop or grate the cabbage and carrot into a large mixing bowl, add the salt water and mix thoroughly.

Place a suitably sized plate over the grated veg to keep it submerged, and leave overnight. The Kimchi needs to be covered by the liquid and may need a weight on the plate. In the morning, pour off the excess liquid and put this to one side, now mix in to the kimchi the finely cut up onion and the flavourings selected.

Press the kimchi firmly into a wide neck glass jar that allows a smaller jar to fit in the neck. This is to allow the weighted jar to press down on the kimchi, ensuring that all is under liquid. If not add some of the excess liquid taken off earlier. Seal the jar with a plastic bag and a rubber band and leave at room temperature for up to a week, or to taste. Then pack the contents tightly into screw top jars, ensuring that the contents are covered. These will keep for quite a

while at room temperature, but will keep on fermenting. I suggest keeping the jars in the fridge.

I found that this was also a good method of dealing with a vegetable that this year, we had an excess of - Jerusalem Artichokes, and this also seemed to make them more digestible. Use the same basic recipe apart from substituting for the previous vegetables with 800g of grated Jerusalem Artichokes and 400g of grated Carrots.

After writing this article, I happened to notice that there had been a 15 minute program on the radio about fermented foods by Michael Mosley – ‘Eat some Bacteria’, as part of his series called ‘Just One Thing’. Still available on BBC sounds. Enjoy

Peter Gandolfi

Recycling Bin Collection May 2021

Tuesday 4th May
 Monday 10th May
 Monday 17th May
 Monday 24th May
 Tuesday 1st June
 Every week

Non-recyclable refuse, Paper & Cardboard, Food Waste.
Plastic, Glass and Tins, Food Waste,
Non-recyclable refuse, Paper & Cardboard, Food Waste.
Plastic, Glass and Tins, Food Waste,
Non-recyclable refuse, Paper & Cardboard, Food Waste.
 Batteries, Small Electrical Items, Textiles (please only present one small transparent bag each week, and represent the following week if it is not collected).

Every 2 weeks
 (Mar -Nov) every
 Month (Dec - Feb)

Green Garden Waste is collected fortnightly only from households that subscribe (£60 per annum) to Bromley scheme (Phone: 0300 303 8658)