

CHELSEFIELD VILLAGE VOICE

September 2012

Supported by



Chelsfield
Park
Hospital

The Newsletter and "What's On" Guide for
Residents & Friends of Chelsfield Village

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**SUNDAY 16th
SEPTEMBER 2012**

Family Fun Day

Chelsfield Village
Cricket Ground

**10AM
START**

**THE OUT'N'ABOUT
CHELSEFIELD
10K
& 2K FUN RUN**

Starting from
Chelsfield Village Cricket Ground

**BBQ
BEER TENT
PONY RIDES
BOUNCY-CASTLE
& MUCH MORE!**

Contributions PLEASE !

Do you have any Events, Notices, Pictures or amusing anecdotes you would like to share with the rest of us?

Send any contributions for the October issue by

Email to:
villagevoice@chelsfield.org

or post to:
**Chelsfield Village Voice
2 Bucks Cross Cottages
Chelsfield Village
BR67RN**

by the Wednesday 26th
September please

Visit
www.chelsfieldevents.co.uk

Chelsfield Primary School Fun Run

10.00am – 3.00pm

Chelsfield Cricket Green

Bucks Cross Road Chelsfield BR6 7RN

**ALL are welcome so please come & support
your local school.**

Email: chelsfieldfriends@hotmail.co.uk

Telephone: 01689 825827 for more information

The Chelsfield to Brighton Bike Ride 2012

On Sunday 26th August, twenty three riders set out on this year Chelsfield to Brighton bike ride. Everyone completed the trip without any major problem. This is a significant achievement when you consider that the majority were not what could be called experienced cyclists

As with last year, the seamless administration, organisation, safety and refreshment of the participants was under taken by the marshals who ensured that everyone was accounted for. They dealt with all the glitches. The marshals were Howard and Chris Cherry, Chrisie Brooks, Steve and Lynne Keeble, Clive and Chloe Reynolds, Sharon and Julie Sparkes, Niki and Conor Canton.

The riders on the day were Richie Head, Nigel and Maria Lamb, Jill Greenaugh, Dave Griffiths, Mark and Sarah Hussey, John Marchant, John Brooks, Serena, Shane Wisdom, Hassan, Jay Cole, Pete Lamond, Nick Derosa, Neil Collis, Terry Sparkes, Nick and

Pete Bassett, Adam Brooks, Joe Braithwaite and David Lamb. The (now traditional) yellow jerseys kindly donated

discount to the cost of the coach to bring the riders back

Further thanks to all those



Mustered Ready to go

ed by Howard and Chris went to Rich and Serena as the fastest man and woman to cover the distance

Our thanks again go to Ade and Kay and all at the Bells for selling the spaces and maintaining the participants list. To Dave Griffiths for the art work and posters and to Jim and Joy Ellard for the photography throughout the day. A mention must be made of Tim at Plan It Travel who made a 50%

who made donations without taking part, perhaps we will see you on your bikes for the C to B 2013. An anonymous donation (from a Mr J.Ellard) of a very special bottle of 25year old port from the the Royal Marines Wine Cellar at Portsmouth, a prestigious and renowned Cellar, is to be raffled by Ade and Kay over the coming weeks.

As most of you will know, for various unavoidable reasons we did not have

the numbers of participants we had last year, hence the charity pot is not as large. For this reason, with a view to increasing the charity fund, the days photography produced by Jim and Joy is being copied to disc. These will be sold from behind the bar for £5 each.

This will make a great memento of the day. The charities that will be benefiting this year will be Great Ormond Street Children's Hospital and The Not Forgotten Association both of which rely solely on charitable donations. Please dig deep in those pockets buy the raffle tickets and the discs. Let's push the boat out and that fund total up.

Although our sincere gratitude goes to all the marshals, this year I would make a particular thank you to Clive and Chloe Reynolds who stepped in with very little notice to deal with the hire van and the onerous task of bringing the bikes back from Brighton. I've told Clive that because he made such a great job of it the only way he will get out of it next year is getting his



The First Home in Brighton

name on the riders list. We've got a year to work on him.

By popular request this year we are introducing the Terry Sparkes award. This award, which will be given each year for any spurious reason at the whim of the organisers, is to anyone involved in the event who should be subject of a special mention. This mention will usually be for the purpose of gentle mockery. However this year the Terry Sparkes Award is being given with following citation

'For true grit, phenomenal improvement and gentlemanly behaviour'.....

and is awarded to Joe Braithwaite

Well done Chelsfield Village!

Keith Lipscombe

p.s

The collection will remain open for a few more weeks to allow personal sponsorships etc to come in and we will publish the final sum raised asap

More photos on page 14

Can You Help the Croft Tea Room?

A request for help from the Croft Tearoom, St Mary Cray

Some of you may know the excellent Croft Tearoom, in the High Street of St Mary Cray, next to the old Red Lion pub, if not it is certainly worth a visit. It is run as a community non profit making project.

A message from Carole Wells the manager

Would you like to donate your Time & Skills as a Volunteer?

To ensure the survival of the tearoom, we need help in the following roles:

Handy 'man'

For odd maintenance jobs in the Tearoom, Garden & outside areas

Database Administrator

To accurately enter and maintain our customer database

Website Administrator

To update & maintain our website including

links to other sites & social media

Retail / Display Assistant

To creatively arrange our windows, counter & shelf areas in our small shop

Local Foods Resourcer

Searching for & identifying local food producers. Possible visits to markets etc

Marketing & PR, Finance/ Bookkeeping, Quality Control / Audits Facilities Management. (Some of these may lead to employment)

If you feel you can help us in any of the above ways then please contact me in confidence.

Many thanks Carole



Croft Tearoom CIC (Community Interest Company / non-profit)
263 High Street,
St Mary Cray,
Kent BR5 4AR
Tel: 0208 462 4801 / 077255 43377

Local Residents 'Champion'(s)

To engage with local residents & groups to raise awareness about the Croft & other Local Food causes.

We would also love to hear from you if you have time & skills in: Business Management,

www.crofttearoom.co.uk
See our short video on www.YouTube.com
Winner of the 2011 Bromley Business Award for 'Commitment to the Community'
Winner of the 2010 Bromley Environmental Award for 'Sustainability'
Awarded 'Highly Recommended' in the Joe Ellis Tearoom Guide

Deneholes

Chelsfield, being a geologically chalk based district, has had its share of

a sealed 100' denehole suddenly opened up in the middle of the lawn.

ing in depth from 60-100 feet they consisted of a small shaft leading to a bell chamber, or trefoil shape ie three side chambers. Just occasionally one of these chambers would lead into another shaft. The miner would either be lowered down on a rope or cut footholds into the chalk and used a rope to descend. Chalk was cut using picks (deer antlers in early days) and the chalk raised to the surface by a basket often using a convenient tree as a hauling aid. Men would do this work when work was quiet, in the winter but there were men who specialised in digging chalk wells for £10 a shaft in 1700. The



Denehole, Church Road

Deneholes. What is a Denehole? It is basically a chalk well or pit dug into the pure chalk for the purpose of spreading on the clay fields to break up the ground. As a child both my father and I were fascinated by these deep pits which, in the 1950's were still mostly open and accessible by rope ladder, or by falling into them! My dad spent some of his teenage years exploring many of them with his friend John Sutton, who lived in Irene Road, Orpington, and who's father's garden was later to make local news when

More later! Many theories as to their purpose and antiquity prevailed at the time, from smugglers hidey-holes, flint wheels, grain stores, prisons or chalk extraction. Within the last 30 years their true purpose has been established, that of chalk extraction and any other use purely reusing the hole came later. Whilst some of the wells may be Neolithic most seemed have been dug between late 17thC to early 19thC. Generally they were dug around the perimeter of a field so that the marling could be done easily. Averag-



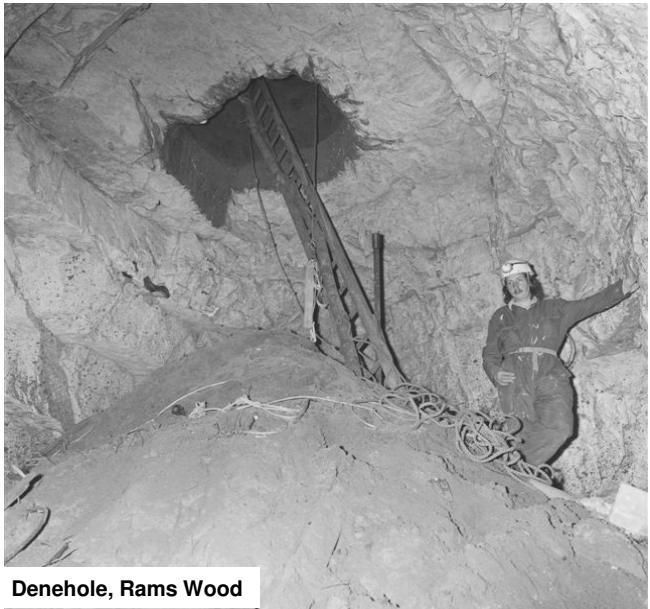
Denehole, Park Gate

shafts that I personally know of locally are as follows:

Goddington Park, one double shaft in the small copse on the edge of the big field off Chelsfield Lane. Another on the southern edge of the same field (no trace of this now). Skeet Hill Lane/Skibbs Lane cross-road in the corner of the wood (now private garden), Skibbs Lane in the hedgerow near that big shed. Another one opened up in the snow 2003/4 along Church Road on Court Lodge Farm land. Snow and frost often leads to these holes reappearing. The huge deep shaft in Irene Road appeared in the snow covered lawn in 1956 with a rumble as the owner of the house, Mr Sutton was looking out of the window. I have cine film taken in 1936 of the Lane family playing croquet right over the same spot! A similar reappearance occurred when they were building the M25 through Park Gate. Years previously Sid Foreman used to tell how a horse fell into this hole in 1908 when the ground gave way but here was no surface

trace of it. When the ground was cut through the virgin white chambers were found again - see photo. On another section of the M25 at Rams Wood, Swanley, I descended a shaft with a member of the Kent Speleological Society prior to it being filled in. Another shaft opened up in the front garden of a new

occurred on the hillside at St Mary Cray and in Joydens Wood, Dartford. In many ways, it is a shame that most of these fascinating, f dangerous historic features have all been filled in, in the interests of HSE. Indeed, some may be worth excavating since the infill material itself is often very old, much wartime



Denehole, Rams Wood

house in Worlds End Lane opposite Julian Road. There is also a transverse chalk mine into the hill near Rushmore Hill, now a bat sanctuary and gated. The greatest number of shafts

stuff and Victorian rubbish having been utilised. If you know of any open shafts, please let me know. It would be fun to descend it and take some photographs.

Philip Lane

Physiotherapists Advice to Local Residents

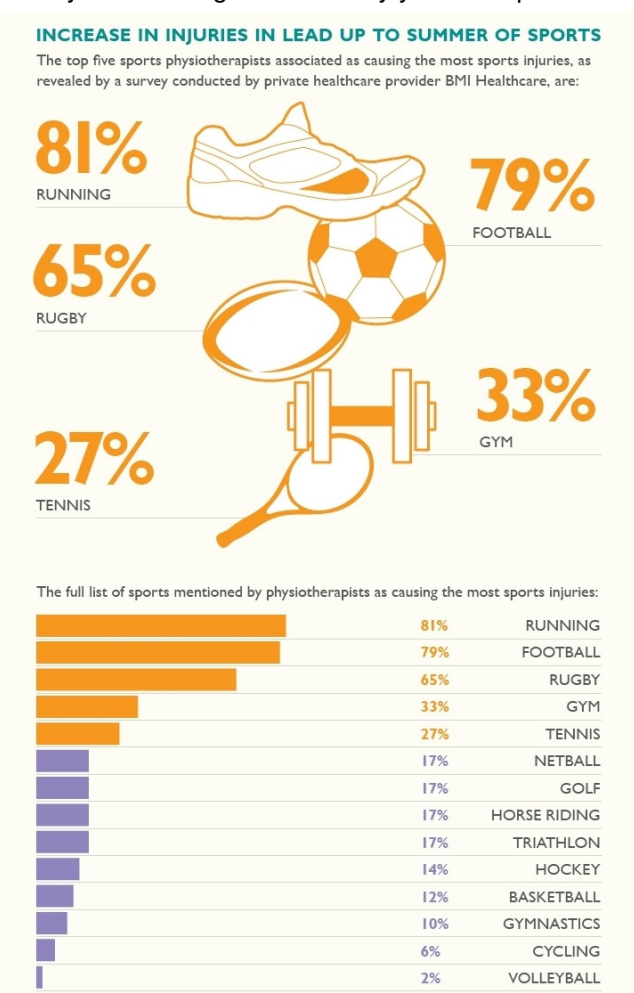
“DON’T LET THIS SUMMER’S SPORTING LEGACY LEAVE YOU IN PAIN”

Physiotherapists at BMI Chelsfield Park Hospital are encouraging people to “be prepared” before taking up a new sport or exercise regime following on from the successes of Team GB at this year’s 2012 Olympic Games.

A survey commissioned by BMI Chelsfield Park Hospital found that physiotherapists had seen a 20% increase in patients suffering from sports injuries during the summer period as more local residents have been inspired by the sporting and Olympic legacy of this summer’s season of sport. “The fact that more local residents have been inspired by the Olympics is fantastic and truly highlights the legacy the games could have in Bromleyand across the UK,” commented [Helen Rawlings](#), Physiotherapy Manager at BMI Chelsfield Park Hospital.

“We would always encourage people to become more active or take

up a sport, however it is widely acknowledged that many years. Experi-



newcomers to a sport or exercise are significantly more likely to be injured than individuals who

enced athletes are stronger and more coordinated than beginners.” The survey also looked at

the types of sports which cause the most injury and found that 81% of the physiotherapists surveyed said running was the most injury prone

pulls and sprains while shoulder impingement, neck pains and a torn meniscus were also highlighted as common injuries caused during sports

ventative measures such as, correct technique, warming up and cooling down, stretching, resting in between sessions and using the correct equipment in order to maximise the effectiveness of their exercise and also help prevent injury. However if you are unlucky enough to sustain a sports injury there are five easy steps you can remember known as the **P.R.I.C.E** principles.” Helen concluded.

Below are the simple easy steps you need to remember if you do sustain an injury:

Protection - use strapping or a support for comfort and to protect the area

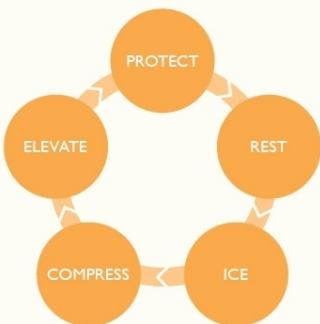
Rest - rest the injured area

Ice - apply ice packs for 10 minutes every hour

Compress - use tubigrip or a compression bandage to help reduce the swelling. Check toes and fingers regularly for colour and temperature; remove the compression dressing at night.

Elevate - elevate or raise the injured part, ideally above the heart to help disperse swelling.

If you are unlucky enough to sustain a sports injury though, immediately follow the **P.R.I.C.E** principles:



- Protect** Use strapping or a support for comfort and to protect the area
- Rest** Rest the injured area
- Ice** Apply ice packs for 10 minutes every hour
- Compress** Use tubigrip or a compression bandage to help reduce the swelling. Check toes and fingers regularly for colour and temperature; remove the compression dressing at night.
- Elevate** Elevate or raise the injured part, ideally above the heart to help disperse swelling.

sport. Football was a close second with 79% of physiotherapists rating it as high on the injury scale, whilst rugby rounded out the top three with 65%. Going to the gym (27%) and playing tennis (27%) were also activities physiotherapists rated as some of the more injury prone activities.

The most common sports injuries seen by physiotherapists were muscle

and exercise.

“If people are inspired by the Olympics, Team GB or any of this summer’s sporting events, it is advisable they speak to a GP, physio or medical professional before embarking on an exercise regime – especially if it’s been a while since they’ve done anything strenuous. It is then equally as important to find out more about pre-

DUPE - Concert With The Bells

6th October 2012 St Martin's Church Tickets now on sale

In the last issue of Village Voice, I advertised a the forthcoming concert I am performing with my band DUPE at St Martin-of-Tours in aid of South East London Breast Cancer Trust. I am pleased to say that tickets (£10 for adults, £5 concessions) are available on-line from tickets.duperock.com, from behind the bar in the Five Bells or from me direct by emailing dgriffs@btinternet.com or ringing me on 07796 696065. There are also people at the Church who will be able to sell you tickets.

The concert will begin with an acoustic set with a string quartet/quintet drawn from local friends and my colleagues in the Bromley Symphony Orchestra. This will take place in the Brass Cros-

by Room and after a short break, we will move into the main church for the electric set which will feature my wife Helen on electric cello, local operatic soprano, Melanie Mehta joining the band on an Electric Light Orchestra song and the culmination of the evening will be the first (and maybe only!) performance of a piece I have written for the band and the bellringers of St Martin's. As you can probably imagine, it is quite a challenge writing music for a peal of bells given that they are in one key; therefore the piece therefore cannot deviate too far from that key (A flat for key-spotters out there) when the bells are ringing or it will sound horrible. That said, we have sections for the band, sections for the bells and it all comes together at the end with everything going off. My only hope is that the

sound of bells ringing on a Saturday evening does not trigger an air raid alert!

The music is all tuneful stuff from Pink Floyd, the Beatles, Genesis, Queen, Beach Boys, Deep Purple, 10cc etc. – you know the sort of stuff – good melodies!

The evening starts at around 7:30pm and if you would like to join us and support this wonderful charity, I would recommend you buy your tickets as soon as possible as the Church (and more importantly, the Brass Crosby Room) has a limited capacity. Tickets will be on sale on the door, subject to availability.

Refreshments will be available but if you fancy bring your own alcohol, you are more than welcome.

I look forward to seeing you there.

Dave Griffiths



dupe

and the
bellringers
+ special guests

Saturday 6th October 2012

St Martin-of-Tours Church

Church Road Chelsfield

Doors 7pm - music starts 7:30pm

£10 plus £5 concessions - kids free

Tickets in advance from

tickets.duperock.com

or on the door

Bring your own refreshment



*first performance of a special
piece for band and bells
helen on electric cello
an acoustic set with strings
guest vocals
mel hits the operatic high notes*



*plus a full electric
set featuring a
specially chosen
selection of our
favourite music
from the 60s and
the 70s*

A very
special
concert
raising
money for
South East
London
Breast
Cancer
Trust

Reg Charity
No1142182

selbct.org

facebook.com/duperock

duperock.com

Lilly's Farm Proposed Redevelopment

The proposed redevelopment of the Koi Barn site at Lilly's Farm (at the junction of Chelsfield Lane and Warren Road) has been a hot topic for some while. The owner, Tony Pitham, has drawn up a number of schemes and he hopes that the latest proposal will satisfy Bromley Planning Authority. However those of you who live adjacent to the site may well have received a letter from Bromley Town Planning with regard to the application and there are rather misleading errors in it.

Tony's application is for FIVE houses and the letter from the Planning Authority erroneously states that there will be six. These houses would replace the existing assortment of brick buildings, poly-tunnels and metal sheds and it is proposed that a village car park and small village pond be provided in addition. Unfortunately (at the time of going to press) none of the plans are available from the website either. Tony contacted me (as a

neighbour) and as this is a matter for everyone who lives in the village, I offered to set up a web page in order that interested people could have a look at the plans and form an opinion. There are a number of drawings and documents (mainly drawings) and as I am webmaster of the Chelsfield Fair website, I have added a temporary page there from which you can download the various plans, elevations and relevant documents which are all in PDF format. You can find this web page by going to <http://koibarn.chelsfield-village.com/>

Tony writes: *After much consideration and deliberation we have finally submitted our application for planning permission for the redevelopment of Lillys Farm to 5 x 4 bedroom residential houses.*

We have taken the views of neighbours into account as well as the views of planning committee members ex-

pressed on the 8th December 2011.

The revised development proposals, the subject of this application represent a carefully considered and acceptable form of appropriate development.

With the change in approach set out within the NPPF [National Planning Policy Framework], the application proposal constitutes appropriate development within the Green Belt. The application would result in a development that would reduce the overall impact of development within the site on the openness of the Green Belt and also on the character of the Village Conservation Area. A new, sensitive form of residential development is proposed that would complement and enhance the character of the local area. The redevelopment would beneficially secure the future of this important Village site providing new housing within a very attractive setting that would be protected for the future.

Although the NPPF came out after our new application had been revised we are sticking to this application which although not needed shows a strong case for very special circumstances

opinions on this latest application.

It is important that whether you like the proposal or not, you make your view known to the Council so if you want to make a comment you need go to:

<http://www.bromley.gov.uk/planningaccess> and use reference 12/02558/FULL1. If you have any questions for Tony, you can email him on info@koiwaterbarn.com.

I would value your

Dave Griffiths



Lilly's Farm - Details of the Proposed Housing Scheme August 2012



DAC
Architects



Lillys Farm / Plot 5
Side Flank Elevations

Scale 1:100 @ A3

News From The Tryhorn Field

Update: The archaeological dig is finished and all the holes back-filled. A few more small finds were made in the furthest west trench

leading towards Cope's field – the odd knapped flint, some crumbs of black pottery and a pebble with a hole in it. This could be a

fishing weight. We have yet to have the final report but it would seem that there is evidence of Bronze Age habitation here and my own theory

is that there might be more to find in Cope's Field, but that is for someone else to sponsor, not us! We are free to clear the site and this is well underway. When the awful stable block has gone we will be able to survey the Victorian wall and repair as necessary. The next urgent phase will be to clear a strip along three boundaries so we can erect a nice fence. The only

public access to this field will be from the existing churchyard, but we may consider putting in a swing gate to access from the track. Still hard to ascertain when the land will be consecrated and ready for burials but hopefully by Christmas.

A Roman Villa would have been fun to find but would have scuppered all our plans causing us to rethink. We could of

course then have charged to see it! A silted up Neolithic watering hole doesn't quite have the same ring. Incidentally, our sister church St Martins in Eynsford was built on the site of a previous Saxon church, like we think ours, and does note face due East/West which is very unusual.

Philip Lane

Digging Up Bromley Exhibition

On until 7 September
An interactive exhibition about archaeology for kids

Location: Bromley Museum, The Priory, Church Hill, Orpington, BR6 0HH

Cost: Free

Learn all about archaeology in this fun family friendly exhibition using exciting finds from Bromley. Have a go at being an archaeologist and see what you can find in the sand pit!

Event Organiser:
Bromley Museum



Telephone:
01689 873826

Email:
bromley.museum@bromley.gov.uk

A MUSICAL EVENING WITH PHIL LANE



Tunes old, new & original on accordion and keyboard, with the odd novelty act thrown in!



“Can you play Over the Hills and Far Away?”

Friday 2nd November
In the Five Bells

Toddler Group Needs Volunteer

St Martin's Toddler Group is looking for a volunteer to help with the Group each Friday morning 9.45am - 12.30pm. It involves setting up the toys, chatting to the parents and children, making refreshments and then packing away the toys at the end of the session. The age of the children are newborn up to school age. Volunteering at the Group is very rewarding and it's good being able to give something back to the community we live in. We are a friendly team, we just need another pair of hands! Contact Sarah 01689 853415 email: sarahnick.ford@gmail.com

Bike Ride Photos



Sarina First Lady Home met by Joy



Joy with Stewards Conner & Nicky

We would like to thank

CHELSEFIELD PARK HOSPITAL for their sponsorship printing the Chelsfield Village Voice



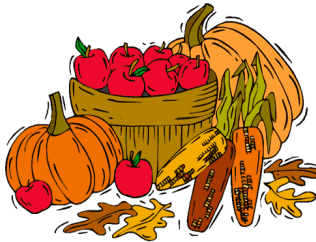
Harvest Festival

Harvest Festival is being celebrated at St Martin's on Sunday 23rd September when the church will be decorated with exhibitions of work, leisure and life of the village. Service times on the notice board by the entrance.

Harvest Supper is on Friday 28th in the village hall and if you

would like to attend please add your name to the list on the table in the church. All are welcome!

On Sunday evening 30th



September there will be a special "Songs of Praise" for Harvest at 6.30. Choose your favourite hymns, poems, music and readings.

A Harvest tea will take place in the Brass Crosby room at 4.30pm on 30th September. Do come and help us celebrate this special festival.

USEFUL CONTACT NUMBERS

Bromley Council

Main switchboard:

020 8464 3333

E-mail:

csc@bromley.gov.uk

Opening hours Monday to Friday 8.30am to 5.30pm

Address: Civic Centre, Stockwell Close, Bromley, BR1 3UH

Reporting Problems to the Council

Can be reported via the CVS website, or if urgent by phone out of hours Emergency Duty Team 020 8464 4848.

Mobile Library

The mobile library stops outside Chelsfield Village School on Tuesdays between 11:15 and 11:45.

BMI

Chelsfield Park Hospital

Main Reception

01689 877855

Helpline

0845 6032932

Physiotherapy

01689 885914

Councillors

Julian Grainger

01689 889392

julian.grainger@bromley.gov.uk

Samaris Huntington-Thresher

020 8464 3333

samaris.huntington-thresher@bromley.gov.uk

Russell Jackson

russell.jackson@bromley.gov.uk

Chelsfield Village Society

cvscontact@gmail.com

Chelsfield Village Voice

villagevoice@chelsfield.org

Chelsfield Primary School

01689 825827

BT Line Faults 0800 800151

Electrical Power Failure (EDF)
08007838866

Thames Water Emergencies
0845 9200800

Transco Gas Emergency Service
0800 111999

Orpington Police Station 1000-1800 Monday-Saturday 0300 1231212

Samaritans 01689 833000

NHS Direct 0845 4647

Safer Neighbourhood Team 020 8721 2605

Chelsfield Village Hall

(bookings)

01689 855617

Village Neighbourhood Watch

Contact

John Leach 07711304965

DATES FOR YOUR DIARY

WEEKLY EVENTS

EVERY MONDAY

Chelsfield Methodist Hall
Windsor Drive

Iyengar Yoga Classes

9.30am-11.00am
Suitable for Beginners
Contact Denise on
01689 853215

EVERY TUESDAY

Outside the Village School

Mobile Library

11.15am-11.45am

EVERY TUESDAY

Five Bells

Charity Quiz Night

from 9.00pm

EVERY WEDNESDAY

Hatha Yoga Classes

10.30am-12.00am
Contact Pam Keeper on
01732 458930

EVERY THURSDAY

Brass Crosby Room

Craft Group

2.00pm – 4.00pm
All Welcome

EVERY FRIDAY

Brass Crosby Room

St Martin's Toddler Group

10.30am-12.00 midday
Contact Sarah Ford:
01689 853415

SPECIAL EVENTS

Tuesday 4th September
(1st Tuesday each month)

Brass Crosby Room
Pop-In Parlour

from 10.00am
Produce and items for Sale
plus meet your friends

Wednesday 5th September
(1st Wednesday each Month)

Orpington Village Hall
Country Market

For more information call
07771 502739

Wednesday 5th September
(1st & 3rd Wednesdays)

Parish Room-Skibbs Lane
Internet Cafe
2.30-4.30pm

Wednesday 5th September
Five Bells

Open Mic Night
Starts 8.30pm

Thursday 6th September
Five Bells

**Live Jazz "Just
Friends"**

Music starts at 8.30pm

Friday 14th September
Five Bells

Mighty 45's Night
3 singers all providing 45
minute sets

Music starts 9.00pm
Pub closes Midnight

Sunday 16th September
Cricket Green

**Chelsfield Primary
School Fun Run**

See Page 5 for details
10.00am-3.00pm

Wednesday 19th September
(1st & 3rd Wednesdays)

Parish Room-Skibbs Lane
Internet Cafe
2.30-4.30pm

Wednesday 19th September
Five Bells

Open Mic Night
Starts 8.30pm

Friday 21st September
Five Bells

**Willie Austen Live
Music**

Music starts 9.00pm
Pub closes Midnight

Friday 28th September
Five Bells

**Octoberfest Beer
Festival**

Ales from across the country
with live music from
Ray Rich Band

Saturday 6th October
St Martins Church

**DUPE - Concert
With Bells**

Starts at 7.30pm

Friday 26th October
Chelsfield Village Hall

**Evening Recital
Julius Bannister &
String Quartet**

Tickets £15 includes Fizz &
Canapes

Friday 2nd November
Five Bells

**A Musical Evening
with Phil Lane**

Music from 8.30pm and the
odd song, keyboard and
accordion Even an oppor-
tunity to join in, even if just
to shout "Get Off! Next!"